

Plant has three prescription pills he was given in the 70s

Robert Plant has kept three prescription pills he was given in the 1970s to warn him away from "poison". The Led Zeppelin frontman famously partied hard at the height of the band's fame, but he leads a much quieter life now and still has an unusual keepsake of sedative Quaaludes - which have been banned in the US for over three decades because of their popularity for recreational use - to remind him of the perils of excess. He revealed: "The label on the bottle says, 'Robert Plant - for sleeplessness' - it looks like an album cover!" "Three Rorer 714s, from Schwartz pharmacy in L.A. and I often think to myself, 'Wow, there they are - poison.' " The veteran rocker turns 70 this year and he might mark the occasion by turning back to prescription pills as he isn't interested in a wild celebration. Recalling his 60th birthday, which saw comics Frank Carson and Tommy Mundon provide the entertainment, he said: "Lenny Kravitz's tour bus came from Ireland and it got stuck on the hump-back bridge in my village, with its front wheels on one side and the rear wheels on the other. "But neither of those comedians are with us anymore, so if ever there's a day for opiates... I might drop an Ambien and see what happens. "If there's a bustle in the hedgerow, it'll be me, snoring." Robert is currently touring with the Sensational Space Shifters and though their gigs are "very intense", he's driven by awareness of his own mortality. He told MOJO magazine: "Being with our gang is like a fun factory. "It's very intense musically but it's all done with the greatest open heart - like open-heart surgery. That's what drives me to it, because, you know, you can't duck out from mortality. That's all going on every day, so why not sing your heart out?"



Johnny Cash's childhood home declared historic site

Johnny Cash's childhood home has been added to the National Register of Historic Places. The 'Ring of Fire' hitmaker lived in a five-room farmhouse in Dyess, Arkansas, from the age of three right through high school and now the Arkansas Historic Preservation Program have announced the 1934 property will be recognized as a historic site. The house is currently owned by Arkansas State University, who spent \$575,000 on buying, furnishing, and landscaping the property, which was built as part of the Dyess Resettlement Colony by the Federal Emergency Relief Administration. The abode was nominated for the register in December but it was sent back by a National Register historian, who advised more emphasis should be placed on the influence of Dyess on Johnny - who died in 2003 aged 71 - as a musician, rather than the original submission, which focused more on the architecture of the property. Historian James Gabbert said: "The original nomi-

nation form presented a wealth of information about Cash and his family, and simply needed to be tweaked to justify listing it for that significance. "The property has two separate but related and intertwined areas of significance-the association with the FERA and the Dyess colony, and the effect that being a part of that colony had on Johnny Cash's development as an artist." In the title of the original nomination, it was submitted as 'Farm No. 266, Ray and Carrie Cash Home (Johnny Cash Boyhood Home)', but the new submission listed it as 'Farm No. 266, Johnny Cash Boyhood Home.' Ruth Hawkins, director of Arkansas State University's Heritage Sites, is "thrilled" about the National Register listing. She said: "People who visit this site typically leave with the comment, 'Now we understand where his music came from.' "Clearly, who Johnny Cash became as a person and as a musician was shaped by his time in Dyess."

Spice Girls getting together again

The Spice Girls are getting together again next week. The 'Wannabe' hitmakers sparked excitement earlier this year when all five members - Geri Horner, Mel B, Mel C, Emma Bunton and Victoria Beckham - got together at Geri's house to discuss potential new projects, and though the details of their plans have remained under wraps, fans may be getting closer to hearing what's in store as they are planning another meeting. Mel B shared a throwback photo to the group's July 1997 Rolling Stone magazine cover and wrote: "Can't wait to see my girls next week yipppeeee #girlpower #friendshipneverends #90s.(sic) When the 'Stop' singers got together this year, it was instantly speculated they were planning a reunion tour, but fashion designer Victoria has ruled out live shows. She said: "I'm not going on tour. The girls aren't going on tour. It was so great to see the girls..." "There's something so strong in the message of what the Spice Girls stood for. What is that in the future? What does that look like? We were just bouncing ideas around. Brainstorming. But this [fashion] is what I do." The 'Spice Up Your Life' singers are instead rumored to be voicing characters in an animated movie. A source recently said: "The Spice Girls are thinking big in terms of a franchise on a global scale. They're the most successful girl group on the planet. It's just what Marvel or Disney needs." At the heart of the project is the group's long-standing message of 'girl power', and each of the quintet's animated alter egos will land possess a special girl power which reflects their personality. Other ideas thought to be in the pipeline following their reunion lunch at Geri's London home - their first meeting in six years - include a global TV talent show to find a new girl-band, and the possibility of a Spice Girls record label to encourage new musicians who can carry on the Girl Power legacy.



McAdams went 'undercover' to research for Disobedience



Rachel McAdams went "undercover" to research her role in 'Disobedience' - but was quickly found out. The 39-year-old actress appears in the drama as Esti, who rekindles her affair with Ronit (Rachel Weisz) and though she wanted to experience the Orthodox Jewish community without being detected, people soon realized who she was but gave her a very warm welcome. She said: "I went undercover in the Orthodox Jewish community in Los Angeles, but it didn't go so well... People were very warm and helpful though. "They recognized me right away and, by the following day, everyone knew about everywhere I went. But they were very kind and I was even invited to a beautiful Shabbat dinner." The movie is based in North London so the Canadian star also spent a lot of time doing her research in the UK. She said: "I did a lot of research that took me all over London. I went to the deli, bakery and local supermarket and everyone was welcoming, no question was taboo. "The experts on the Jewish community who worked with us were incredible, they shared information on the culture and their homes. "I also hosted a book club, focusing on the novel the film is based on and I cooked traditional Jewish meals." Rachel had a "fascinating" time researching the movie. She told Psychologies magazine: "It was a fascinating exploration, which was part of the reason why I was drawn to the film, it's a community that the world knows very little about. They're so tight-knit, which is such a beautiful part of it."

Sylvester Stallone to make Rambo 5

Sylvester Stallone is set to make a fifth 'Rambo' movie. The 71-year-old actor - who first played the Vietnam veteran in 1982 - is said to be working on a script for the new movie, while his 'Expendables' collaborator Avi Lerner is on board to produce. According to Screen International, the movie - which is expected to start shooting in September - will see Rambo's path cross with a Mexican cartel. The former soldier has been working at a ranch, but when the daughter of one of his friends is kidnapped, he crosses the US/Mexico border and finds himself up against one of the country's most violent organizations. Stallone was initially expected to direct the movie as well as star, but that's not now believed to be the case. John Rambo was the lead character in the 1972 novel 'First Blood', written by David Morrell. The book was adapted into a film of the same name in 1982. The franchise then spawned sequels 'Rambo: First Blood Part II' in 1985 and 'Rambo III' in 1988. Whilst the former was a box office hit, the latter of the two flopped when it hit screens, and the character subsequently lay dormant until Stallone revived him for a 2008 movie simply entitled 'Rambo'. Stallone is currently working on another franchise, 'Creed II', the follow-up to Rocky spin-off 'Creed', and earlier this year was filming 'Expendables 4', despite previous speculation he'd quit the series. In April 2017 Nu Image/Millennium chief Lerner hinted Stallone had quit the franchise due to creative "disagreements" with him, but admitted there was still a chance he could be involved in the fourth film.



Uma Thurman wants to work with Quentin Tarantino again



Uma Thurman is willing to work with Quentin Tarantino again because they "understand" one another. The 48-year-old actress revealed earlier this year she'd been involved in a car crash - which crushed her knees, left her with a concussion and required her to wear a neck brace to recover - while shooting 'Kill Bill' with the director in 2003 but despite claiming she was forced into doing the stunt that led to the accident, she wants to move on and would have no problems collaborating with Tarantino on a fourth movie. She told Entertainment Weekly magazine: "I understand him and if he wrote a great part and we were both in the right place about it, that would be something else. "We've had our fights over the years. When you know someone for as long as I've known him, 25 years of creative collaboration...yes, did we have some tragedies take place? Sure. But you can't reduce that type of history and legacy. It would have been reduced to my car accident if I died. "Yes, do I have a chronically bad neck? Yeah. Was I mad about how it was handled and how I was treated? Yes. But does that mean I don't care about someone that I have 25 years of history with? No! My capacity to forgive exists and things happen. The accident itself was wrong, but...I tried to explain that it was the environment around it that wounded me the most." The 'Pulp Fiction' actress admitted in February that she and the 55-year-old filmmaker had fought for years over the crash before the director handed over footage of it.

Chastain's 'empowering' Ralph Lauren campaign

Jessica Chastain wants women to talk about their salaries. The 41-year-old actress has been the face of Woman by Ralph Lauren since its launch in July 2017 because the 'Molly's Game' star says the fragrance "fits in quite well with [her] entire ideology" and now she is using her work with the brand to support the Lead Like A Woman campaign to encourage conversations about the gender pay gap between men and women. And the flame-haired beauty hopes to "empower women" by appearing in three short digital videos and expose the "inequalities" in various work industries with the initiative which has been created and executed by an all-female cast and crew and was created in partnership with the Women in Film organization. Speaking to PeopleStyle, she said: "What I'm excited about is that this will focus on empowering women, and shine a light on inequality in all industries. It's OK to talk about your salary - you don't have to just be grateful that you have a job. And I would just suggest we work together to share as much as we can with our sisters. Knowledge is power." Jessica thinks the fragrance itself is "really special" because it "breaks gender stereotypes" and makes her feel powerful. "The fragrance celebrates breaking stereotypes and creating new paths of fulfillment and success. Living in a time when gender boundaries are being redefined and blurred, this empowers that."

