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John Boyega 'appreciates' the support of his fans

The 27-year-old actor is set to make his final appearance as Finn in the 'Star Wars' franchise when the final main line movie, 'The Rise of Skywalker', hits cinemas this week, and he has sent his gratitude to the fans who have been "supportive" over the years, as he prepares to say goodbye to the role. Asked what he'd like his 'Star Wars' legacy to be whilst at the European premiere of the movie in London on Wednesday, he said: "I don't know man, I just feel like the audience has their role to play, and whatever you feel ... just feel it. What I appreciate is any support I've received - especially from Londoners and people from the UK - I couldn't do anything I'm doing without the fans and people who have been supportive of me and the movies I do. So I appreciate it." John is "very emotional" to see the series come to an end, but praised director J.J. Abrams for doing an "extremely incredible job" with the ninth instalment. When asked how he feels ahead of the movie's release, he explained: "Very emotional, overwhelmed, numb ... I mean for us, watching this movie is a whole different experience. It embodies years of our actual real lives, so watching it I was so taken aback. But you know, I have to say J.J. has done an extremely incredible job, and I really really enjoyed watching the movie." And the actor also teased fans with what's in store for Finn in the final movie.



Denise Richards undergoes emergency surgery for hernias



The 'Real Housewives of Beverly Hills' star has revealed that just a few weeks ago she went through an emergency procedure to repair two femoral hernias and two inguinal hernias, after she "waited way too long" to go to the doctor. Femoral hernias occur when fatty tissue or a part of the bowel pokes through into the groin at the top of the inner thigh, whilst inguinal ones are caused by tissue or a part of the intestine protruding through a weak spot in the abdominal muscles. In a post on social media, she wrote: "My hubby posted this & I need to actually thank him for taking such great care of me. This was a couple months ago & turned out to be a good lesson for me to always listen to my body. "Being a mom, wife, & having a career sometimes it's easier to just be strong and power through, I thought the pain & my other symptoms would just go away. They did not and got a lot worse. I'm so grateful to @herniadoc & her fabulous team. I thought I had one femoral hernia, I actually had 2 femoral & 2 inguinal. And I waited way too long & didn't even tell my husband how bad I was feeling (I know it was stupid) ... gotta always listen to our bodies & take care of ourselves." Denise also shared the original message posted by her husband Aaron Phypers, who broke the news of the actress' condition on his own Instagram page.



DUA LIPA DOESN'T WANT TO SHY AWAY FROM BEING A VOICE FOR GOOD

The 'New Rules' hitmaker has used her platform to speak about a range of topics including women's rights and abortion laws, and has said that whilst it "does wind people up" sometimes, she won't stop using her voice as a force for change. She said: "I spoke about like women in Saudi Arabia and the rights and the things that happen or like if I'm supporting different charities and talking about certain things, especially women protesting about women's rights ... It does wind people up. I think that the whole abortion rights as well, that definitely kicked up a fuss ... I'm never going to shy away from that and I feel like I have to be a voice for my audience as well because they gave me that platform for that reason." Dua set up the Sunny Hill Foundation in 2016 alongside her family to help young children in her family's native Kosovo, and has said the charity's work is something she "believes" in. She explained: "It's basically a foundation I started with my family to kind of help young kids in Kosovo in creative arts. And when I did my first show in Kosovo, I decided to put all the ticket proceedings into the foundation and then we kind of gave it to, because we realised that a lot more things were needed in Kosovo, especially after the war that weren't just in the creative arts field. So we decided to give the money out to lots of different NGOs and people that we believed in." The 'Be The One' singer, 24, also set up the Sunny Hill Festival as part of the charity, which takes place in Kosovo and raises money for the foundation.

Teri Hatcher is happy being single

The 'Desperate Housewives' star has been single for "a very long time" following her divorce from actor Jon Tenney in 2003, and has insisted there's "nothing lonely" about her life. She said: "There is a difference between being lonely and being alone. I have been single for a very long time but there is nothing lonely about my life. I want to remove the stigma of that. "Many women who get divorced will not get remarried. That kind of sounds depressing but it doesn't have to be. Many women are not just surviving alone, they're thriving. They're empowered, they're making money, they're being healthy, they're traveling. You are allowed to be proud of your life when you're not part of a couple." The beauty recently turned 55, and finds ageing "liberating" because it has given her a chance to "think about things differently". She added: "I feel good, and I feel strong. It's liberating to care about the things that are important to you and not about the things that aren't important to you. When you're younger, you can get really hung up on things. I have the opportunity to think about things differently." And her time spent reflecting on her life means she's also well-equipped to hit back at online trolls when they comment on her appearance. The 'Tomorrow Never Dies' actress said: "Somebody commented the other day how badly I've aged and how ugly I am. I actually commented back and said something like, 'I'm sure you're as attractive on the outside as you are on the inside.' It's just nice to be in a place where you can let it roll off your back."

