

BBC FIRST

- 03:25 Orphan Black
- 04:15 Doctors
- 04:45 Doctors
- 05:15 Dickensian
- 06:00 Doctors
- 06:30 Doctors
- 07:00 Holly City
- 07:55 Death In Paradise
- 08:50 Call The Midwife
- 09:45 Dickensian
- 10:30 Doctors
- 11:00 Doctors
- 11:35 Death In Paradise
- 12:30 Call The Midwife
- 13:25 Dickensian
- 14:15 Doctors
- 14:45 Doctors
- 15:15 Death In Paradise
- 16:10 Call The Midwife
- 17:10 Dickensian
- 18:00 Doctors
- 18:30 Eastenders
- 19:05 Death In Paradise
- 20:00 Maigret
- 21:30 Silent Witness
- 22:25 Orphan Black
- 23:10 Doctors
- 23:40 Eastenders
- 00:10 Holly City
- 01:05 Maigret
- 02:35 Silent Witness

- Serial Killer
- 22:40 The Return Of The Monster
- Mako
- 23:30 Fast N' Loud
- 00:20 Kindig Customs
- 01:10 Mythbusters
- 02:00 Wrath Of A Great White
- Serial Killer
- 02:50 The Return Of The Monster
- Mako

DISCOVERY SCIENCE

- 03:00 Mega World
- 03:48 Smash Lab
- 04:36 Sci-Fi Science
- 05:00 Prank Science
- 05:24 Moon Machines
- 06:12 How Do They Do It?
- 06:36 Food Factory
- 07:00 How Do They Do It?
- 07:26 Smash Lab
- 08:14 Moon Machines
- 09:02 Mega World
- 09:50 How Do They Do It?
- 10:14 Food Factory
- 10:38 Sci-Fi Science
- 11:02 Magic Of Science
- 11:26 Smash Lab
- 12:14 Moon Machines
- 13:02 How Do They Do It?
- 13:26 Food Factory
- 13:50 Mega World
- 14:38 Sci-Fi Science
- 15:02 Magic Of Science
- 15:26 Smash Lab
- 16:14 Moon Machines
- 17:02 Mega World
- 17:50 Smash Lab
- 18:40 Moon Machines
- 19:30 Secret Space Escapes
- 20:20 How Do They Do It?
- 20:45 Food Factory
- 21:10 Mega Engineering
- 22:00 Secret Space Escapes
- 22:50 Moon Machines
- 23:40 Smash Lab
- 00:30 How Do They Do It?
- 00:55 Food Factory
- 01:20 Secret Space Escapes
- 02:10 Moon Machines

COMEDY CENTRAL

- 03:00 Nathan For You
- 03:25 Nathan For You
- 03:50 Impractical Jokers UK
- 04:15 Impractical Jokers UK
- 04:40 Ridiculousness
- 05:00 Ridiculousness
- 05:25 Tosh.0
- 06:20 Lip Sync Battle
- 06:50 Lip Sync Battle
- 07:15 Catch A Contractor
- 08:05 Ridiculousness
- 08:30 Ridiculousness
- 08:55 Nathan For You
- 09:20 Nathan For You
- 09:45 Impractical Jokers UK
- 10:10 Impractical Jokers UK
- 10:35 Key And Peele
- 11:00 Workaholics
- 11:25 Catch A Contractor
- 12:15 Nathan For You
- 12:40 Nathan For You
- 13:05 Impractical Jokers UK
- 13:30 Impractical Jokers UK
- 13:55 Ridiculousness
- 14:20 Ridiculousness
- 14:45 Lip Sync Battle
- 15:10 Lip Sync Battle
- 15:35 Catch A Contractor
- 16:30 Nathan For You
- 16:55 Nathan For You
- 17:25 Workaholics
- 17:50 Impractical Jokers UK
- 18:15 Impractical Jokers UK
- 18:39 Key And Peele
- 19:03 Workaholics
- 19:27 Tattoo Disasters
- 19:50 Tattoo Disasters
- 20:13 Lip Sync Battle
- 20:37 Lip Sync Battle
- 21:00 The Daily Show With Trevor Noah

Disney Channel HD

- 03:15 The Hive
- 03:20 Sabrina Secrets Of A Teenage Witch
- 03:45 Sabrina Secrets Of A Teenage Witch
- 04:10 Hank Zipzer
- 04:35 Binny And The Ghost
- 05:00 Violetta
- 05:45 The Hive
- 05:50 Mouk
- 06:00 Hank Zipzer
- 06:25 Jessie
- 06:50 Disney Mickey Mouse
- 06:55 Miraculous Tales Of Ladybug And Cat Noir
- 07:20 Dog With A Blog
- 07:45 Bunk'd
- 08:10 Austin & Ally
- 08:35 Shake It Up
- 09:00 Hannah Montana
- 09:25 Hannah Montana
- 09:50 Wizards Of Waverly Place

- 04:00 Art Attack
- 04:25 Henry Hugglemonster
- 04:35 Calimero
- 04:50 Zou
- 05:00 Loopdidoo
- 05:15 Art Attack
- 05:35 Henry Hugglemonster
- 05:50 Calimero
- 06:00 Zou
- 06:20 Loopdidoo
- 06:35 Art Attack
- 07:00 The Hive
- 07:10 Zou
- 07:25 Loopdidoo
- 07:40 Jungle Cubs
- 08:05 Sofia The First
- 08:30 Miles From Tomorrow
- 08:40 PJ Masks
- 09:10 Doc McStuffins
- 09:40 Doc McStuffins
- 09:55 Minnie's Bow-Toons
- 10:00 Sofia The First
- 10:30 Sofia The First
- 11:00 The Lion Guard
- 11:30 Jake And The Never Land Pirates
- 12:00 Jake And The Never Land Pirates
- 12:30 Gummi Bears
- 13:00 Sofia The First
- 13:30 Doc McStuffins
- 14:00 The Lion Guard
- 14:30 Aladdin
- 14:55 Jake And The Never Land Pirates
- 15:05 Goldie & Bear
- 15:30 Miles From Tomorrow
- 16:00 Doc McStuffins
- 16:25 Doc McStuffins
- 16:55 Sofia The First
- 17:25 Sofia The First
- 17:50 The Lion Guard
- 18:15 Jake And The Never Land Pirates
- 18:45 Jake And The Never Land Pirates
- 19:00 PJ Masks
- 19:30 Mickey Mouse Clubhouse
- 20:00 Doc McStuffins
- 20:30 Sofia The First
- 21:00 PJ Masks
- 21:30 Aladdin
- 22:00 Jungle Cubs
- 22:25 Gummi Bears
- 22:50 Zou
- 23:05 Henry Hugglemonster
- 23:20 Calimero
- 23:35 Zou
- 23:50 Loopdidoo
- 00:05 Art Attack
- 00:30 Henry Hugglemonster
- 00:45 Calimero
- 01:00 Zou
- 01:15 Loopdidoo
- 01:30 Art Attack
- 02:00 Calimero
- 02:15 Zou
- 02:30 Loopdidoo
- 02:45 Art Attack



JUPITER ASCENDING ON OSN MOVIES HD

- 11:10 Keeping Up With The Kardashians
- 12:05 Fashion Police: 2016 MTV Video Music Awards
- 13:05 LA Clippers Dance Squad
- 14:05 LA Clippers Dance Squad
- 15:00 Just Jillian
- 16:00 Just Jillian
- 17:00 Keeping Up With The Kardashians
- 18:00 Keeping Up With The Kardashians
- 19:00 El News
- 20:00 Fashion Police: 2016 MTV Video Music Awards

- 08:00 Cities Of The Underworld
- 09:00 The Universe
- 10:00 Ancient Aliens
- 11:00 Hangar 1: The UFO Files
- 12:00 Ancient Aliens
- 13:00 Patton 360
- 14:00 Cities Of The Underworld
- 15:00 The Universe
- 16:00 Ancient Aliens
- 17:00 Hangar 1: The UFO Files
- 18:00 Ancient Aliens
- 19:00 Patton 360
- 20:00 Cities Of The Underworld
- 21:00 The Universe
- 22:00 Last Days Of The Nazis
- 23:00 Blood And Glory: The Civil War In Color
- 00:00 Ancient Aliens
- 01:00 Patton 360
- 02:00 Cities Of The Underworld
- 02:50 The Universe

NAT GEO WILD HD

- 03:45 When Sharks Attack
- 04:40 America's National Parks
- 05:35 Lion Battle Zone
- 06:30 Japan's Hidden Secret
- 07:25 When Sharks Attack
- 08:20 America's National Parks
- 09:15 America The Wild
- 10:10 Predator Patrol
- 11:05 Live Like An Animal
- 12:00 Shark Men
- 12:55 Crococalypse
- 13:50 Japan's Wild Year
- 14:45 Hidden Worlds
- 15:40 A Penguin's Life
- 16:35 America The Wild
- 17:30 Predator Patrol
- 18:25 Cheetah: Fatal Instinct
- 19:20 Hidden Worlds
- 20:10 A Penguin's Life
- 21:00 America The Wild
- 21:50 Predator Patrol
- 22:40 Cheetah: Fatal Instinct
- 23:30 Shark Men
- 00:20 Crococalypse
- 01:10 Japan's Wild Year
- 02:00 Top Cats
- 02:50 Animal Intervention

- 12:05 Mega Factories
- 13:00 4 Babies A Second
- 14:00 Mega Factories
- 15:00 Engineering Connections
- 16:00 Science Of Stupid
- 16:30 Science Of Stupid
- 17:00 In Search Of The Straits Born
- 18:00 Machine Impossible

OSN MOVIES HD ACTION

- 03:00 Teenage Mutant Ninja Turtles
- 03:24 Teenage Mutant Ninja Turtles
- 03:48 Henry Danger
- 04:12 Nicky, Ricky, Dicky & Dawn
- 04:36 The Haunted Hathaways
- 05:00 Max & Shred
- 05:24 Henry Danger
- 05:48 Nicky, Ricky, Dicky & Dawn
- 06:12 SpongeBob SquarePants
- 06:36 SpongeBob SquarePants
- 07:00 Teenage Mutant Ninja Turtles
- 07:24 Teenage Mutant Ninja Turtles
- 07:48 Winx Club
- 08:12 Harvey Beaks
- 08:36 Breadwinners
- 09:00 Get Blake
- 09:24 Rabbits Invasion
- 09:48 Henry Danger
- 10:12 Nicky, Ricky, Dicky & Dawn
- 10:36 The Haunted Hathaways
- 11:00 Winx Club
- 11:24 SpongeBob SquarePants
- 11:48 SpongeBob SquarePants
- 12:12 Teenage Mutant Ninja Turtles
- 12:36 Breadwinners
- 13:00 Breadwinners
- 13:24 The Loud House
- 13:48 Harvey Beaks
- 14:12 Rabbits Invasion
- 14:36 Henry Danger
- 15:00 Nicky, Ricky, Dicky & Dawn
- 15:24 SpongeBob SquarePants
- 15:48 SpongeBob SquarePants
- 16:12 Teenage Mutant Ninja Turtles
- 16:36 The Loud House
- 17:00 Sanjay And Craig
- 17:24 Harvey Beaks
- 17:48 Breadwinners
- 18:12 Henry Danger
- 18:36 Nicky, Ricky, Dicky & Dawn
- 19:00 100 Things To Do Before High School
- 19:24 Game Shakers
- 19:48 SpongeBob SquarePants
- 20:12 SpongeBob SquarePants
- 20:36 Teenage Mutant Ninja Turtles
- 21:00 Teenage Mutant Ninja Turtles
- 21:24 Breadwinners
- 21:48 Breadwinners
- 22:12 Sanjay And Craig
- 22:36 Sanjay And Craig
- 23:00 SpongeBob SquarePants
- 23:24 SpongeBob SquarePants
- 23:48 Henry Danger
- 00:12 Nicky, Ricky, Dicky & Dawn
- 00:36 Max & Shred
- 01:00 The Haunted Hathaways
- 01:24 Sanjay And Craig
- 01:48 Sanjay And Craig
- 02:12 SpongeBob SquarePants
- 02:36 SpongeBob SquarePants

- 04:00 Legendary: Tomb Of The Dragon
- 06:00 The Expendables 3
- 08:15 Reclaim
- 10:00 The Taking Of Pelham 123
- 12:00 Heatstroke
- 13:45 The Expendables 3
- 16:00 The Fugitive
- 18:15 The Taking Of Pelham 123
- 20:15 S.W.A.T.
- 22:15 Mercury Rising
- 00:15 Tomorrow You're Gone
- 02:00 Hansel & Gretel

OSN MOVIES HD COMEDY

- 04:00 Space Dogs
- 06:00 Father Hood
- 08:00 Easy A
- 10:00 Space Dogs
- 12:00 Win A Date With Tad Hamilton!
- 14:00 Mr. Destiny
- 16:00 Easy A
- 18:00 The Proposal
- 20:00 Wish I Was Here
- 22:00 Army Of Darkness
- 00:00 Dom Hemingway
- 02:00 The Proposal

OSN MOVIES HD DRAMA

- 03:00 The Zero Theorem
- 05:00 Viktor
- 07:00 A Stranger In Paradise
- 09:00 The Silent Mountain
- 11:00 Viktor
- 13:00 Before I Disappear
- 15:00 Young Ones
- 17:00 The Silent Mountain
- 19:00 Miss Meadows
- 21:00 You're Not You
- 23:00 Hours
- 01:15 The Grief Tourist

OSN MOVIES HD FAMILY

- 03:15 Sky High
- 05:15 Tinker Bell And The Legend Of The NeverBeast
- 07:00 Crooked Little Ralph
- 09:00 Aladdin
- 11:00 Three Wishes
- 13:00 Muppets Most Wanted
- 15:00 The Princess And The Frog
- 17:00 Bedtime Stories
- 19:00 The Book Of Life
- 21:00 The Pacifier
- 23:00 The Princess And The Frog
- 01:00 The Book Of Life

OSN MOVIES HD FESTIVAL

- 03:30 Parkland
- 05:30 Fearless
- 07:30 Powder
- 09:30 One Fine Day
- 11:30 Fearless
- 13:30 Parkland
- 15:15 Anna Karenina
- 17:30 One Fine Day
- 19:30 Short Term 12
- 21:30 Blood Ties
- 00:00 The People vs Larry Flynt
- 02:30 Mobius

OSN MOVIES HD

- 03:00 Insurgent
- 05:00 Paul Blart: Mall Cop 2
- 06:45 Jupiter Ascending
- 09:00 Paper Towns
- 11:00 Insurgent
- 13:00 Jackie & Ryan
- 15:00 Hotel Transylvania 2
- 16:45 Jurassic World
- 19:00 Words And Pictures
- 21:00 Absolutely Anything
- 23:00 Straight Outta Compton
- 01:30 Life After Beth
- 03:00 OSN Movies Kids HD
- 04:30 Goat Story 2
- 06:00 Echo Planet
- 08:00 The Adventures Of Don



THE EXPENDABLES 3 ON OSN MOVIES ACTION HD

- 21:30 Kristen Schaal: Live At The Fillmore
- 22:18 Patton Oswalt: Tragedy Plus Comedy Equals Time
- 23:05 Another Period
- 23:30 The Daily Show With Trevor Noah
- 00:00 Tosh.0
- 00:25 Lip Sync Battle
- 00:50 Lip Sync Battle
- 01:15 Another Period
- 01:40 The Daily Show With Trevor Noah
- 02:05 David Spade: My Fake Problems
- 03:40 Auction Hunters: Pawn Shop Edition
- 04:05 Storage Hunters
- 04:30 Dallas Car Sharks
- 05:00 How Stuff's Made
- 05:30 How Do They Do It?
- 06:00 Alaska: The Last Frontier
- 06:50 Kindig Customs
- 07:40 Fast N' Loud
- 08:30 Auction Hunters: Pawn Shop Edition
- 08:55 Storage Hunters
- 09:20 Dallas Car Sharks
- 09:45 How Stuff's Made
- 10:10 How Do They Do It?
- 10:35 Boy To Man
- 11:25 Air Jaws: Night Stalker
- 12:15 The Killing Games
- 13:05 Auction Hunters: Pawn Shop Edition
- 13:30 Storage Hunters
- 13:55 Dallas Car Sharks
- 14:20 Alaska: The Last Frontier
- 15:00 Kindig Customs
- 16:00 Fast N' Loud
- 16:50 How Stuff's Made
- 17:15 How Do They Do It?
- 17:40 Mythbusters
- 18:30 World's Top 5
- 19:20 Running Wild With Bear Grylls
- 20:00 Storage Hunters
- 20:25 Dallas Car Sharks
- 21:00 Mythbusters
- 21:50 Wrath Of A Great White

- 10:15 Wizards Of Waverly Place
- 10:40 Good Luck Charlie
- 11:05 Good Luck Charlie
- 11:30 Jessie
- 11:55 Disney Mickey Mouse
- 12:00 The 7D
- 12:15 Miraculous Tales Of Ladybug And Cat Noir
- 12:40 Hank Zipzer
- 13:05 Star Darlings
- 13:10 Austin & Ally
- 13:35 Austin & Ally
- 14:00 Liv And Maddie
- 14:25 Liv And Maddie
- 14:50 Dog With A Blog
- 15:15 Hank Zipzer
- 15:40 Bunk'd
- 16:05 Star Darlings
- 16:10 Gravity Falls
- 16:35 Miraculous Tales Of Ladybug And Cat Noir
- 17:00 Backstage
- 17:50 Girl Meets World
- 18:15 Austin & Ally
- 18:40 Mako Mermaids
- 19:05 Liv And Maddie
- 19:30 Jessie
- 19:55 Violetta
- 20:45 Good Luck Charlie
- 21:10 H2O: Just Add Water
- 21:35 H2O: Just Add Water
- 22:00 Binny And The Ghost
- 22:25 Sabrina Secrets Of A Teenage Witch
- 22:50 Sabrina Secrets Of A Teenage Witch
- 23:10 Hank Zipzer
- 23:35 Binny And The Ghost
- 00:00 Violetta
- 00:45 The Hive
- 00:50 Sabrina Secrets Of A Teenage Witch
- 01:15 Sabrina Secrets Of A Teenage Witch
- 01:40 Hank Zipzer
- 02:05 Binny And The Ghost
- 02:30 Violetta
- 03:10 Henry Hugglemonster
- 03:20 Calimero
- 03:35 Zou
- 03:45 Loopdidoo

- 09:05 Counterfeit Cat
- 09:10 Gravity Falls
- 09:35 Lab Rats: Bionic Island
- 10:00 Rocket Monkeys
- 10:25 Ultimate Spider-Man
- 10:50 Boyster
- 11:20 Boyster
- 11:45 Pair Of Kings
- 12:10 Pair Of Kings
- 12:35 Lab Rats: Bionic Island
- 13:00 Lab Rats: Bionic Island
- 13:30 Phineas And Ferb
- 13:55 Phineas And Ferb
- 14:20 Kickin' It
- 14:45 Pokemon Bw: Adventures In Unova
- 15:10 Disney Mickey Mouse
- 15:15 Supa Strikas
- 15:40 Supa Strikas
- 16:05 Lab Rats: Bionic Island
- 16:30 Danger Mouse S1
- 16:55 Kirby Buckets
- 17:25 K.C. Undercover
- 17:50 Annedroids
- 18:15 Gamer's Guide To Pretty...
- 18:40 K.C. Undercover
- 19:05 Counterfeit Cat
- 19:10 Gravity Falls
- 19:35 Pickle And Peanut
- 19:45 Pickle And Peanut
- 20:00 Lab Rats: Bionic Island
- 20:25 Supa Strikas
- 20:55 K.C. Undercover
- 21:20 Gamer's Guide To Pretty...
- 21:45 Guardians Of The Galaxy
- 22:10 Marvel Avengers Assemble
- 22:40 Disney Mickey Mouse
- 03:15 Giuliana & Bill
- 04:10 Giuliana & Bill
- 05:05 Giuliana & Bill
- 06:00 Fashion Bloggers
- 06:25 Keeping Up With The Kardashians
- 07:20 Keeping Up With The Kardashians
- 08:20 Keeping Up With The Kardashians
- 09:15 Keeping Up With The Kardashians
- 10:15 Keeping Up With The Kardashians

FOOD NETWORK

- 03:00 Man Fire Food
- 03:30 Man Fire Food
- 04:00 Chopped
- 05:00 Guy's Grocery Games
- 06:00 Man Fire Food
- 06:30 Man Fire Food
- 07:00 Chopped
- 08:00 Barefoot Contessa: Back To Basics
- 09:00 The Kitchen
- 10:00 The Pioneer Woman Takeaway
- 11:00 Chopped
- 12:00 Guy's Big Bite
- 13:00 Diners, Drive-Ins And Dives
- 13:30 Diners, Drive-Ins And Dives
- 14:00 Man Fire Food
- 14:30 Man Fire Food
- 15:00 Chopped
- 16:00 The Kitchen
- 17:00 The Pioneer Woman Takeaway
- 18:00 Chopped
- 19:00 Guy's Grocery Games
- 20:00 Chopped
- 21:00 Kitchen Inferno
- 22:00 Diners, Drive-Ins And Dives
- 22:30 Diners, Drive-Ins And Dives
- 23:00 Iron Chef America
- 00:00 Chopped
- 01:00 Kitchen Inferno
- 02:00 Diners, Drive-Ins And Dives
- 02:30 Diners, Drive-Ins And Dives

ITV CHOICE

- 03:25 Grantchester
- 04:20 Don't Tell The Bride
- 05:15 Eggheads
- 05:45 Ant & Dec's Saturday Night Takeaway
- 07:05 The Chase: Celebrity Specials
- 08:00 Grantchester
- 08:55 Don't Tell The Bride
- 09:50 Murdoch Mysteries
- 10:45 Eggheads
- 11:15 The Chase: Celebrity Specials
- 12:10 Ant & Dec's Saturday Night Takeaway
- 13:25 Emmerdale
- 13:50 Emmerdale
- 14:20 Coronation Street
- 14:45 Murdoch Mysteries
- 15:35 The Chase: Celebrity Specials
- 16:30 Vera
- 18:20 Emmerdale
- 18:45 Emmerdale
- 19:10 Coronation Street
- 19:35 The Chase: Celebrity Specials
- 20:30 Vera
- 22:20 Coronation Street
- 22:50 Emmerdale
- 23:15 Emmerdale
- 23:40 Murdoch Mysteries
- 00:30 Eggheads
- 01:00 Ant & Dec's Saturday Night Takeaway
- 02:30 Murdoch Mysteries

H2 HD

- 03:40 Ancient Aliens
- 04:30 Hangar 1: The UFO Files
- 05:20 Ancient Aliens
- 06:10 The Universe
- 07:00 Patton 360



SKY HIGH ON OSN MOVIES HD FAMILY