

GOSSIP



Malik was told to quit One Direction by 'an alien'

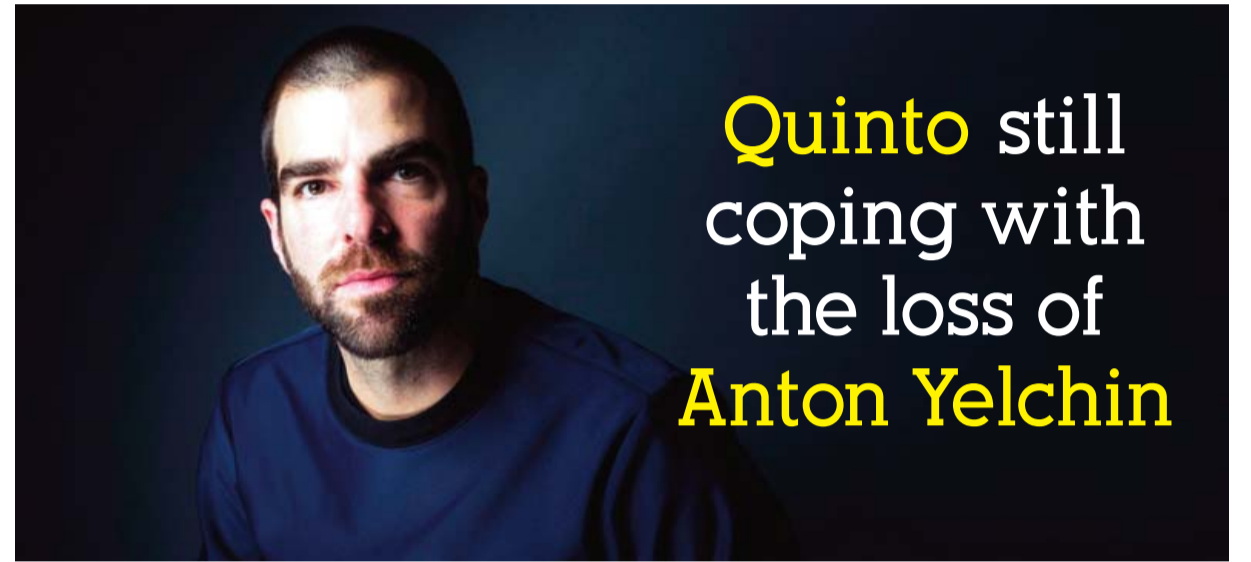
The 23-year-old singer songwriter - who quit the group in March this year - has revealed a visitation from an extra-terrestrial being in his dream made him realize he needed to leave the boy band, which was made up of Niall Horan, Louis Tomlinson, Liam Payne and Harry Styles. Speaking to Glamour magazine about his revelation to quit the group, he said: "An alien spoke to me in a dream." And the dark-haired heart-throb has admitted the late 'Thriller' hitmaker Michael Jackson was his greatest musical influence and inspired him to embark on a career in the music industry. Speaking about his inspiration, he said: "No question: 'Thriller' by Michael Jackson." However, the 'PillowTalk' soloist has revealed he has an obsession with the late reggae musician Bob Marley, and regularly plays tribute to the 'One Love' hitmaker after his performances. When asked about the first thing he does when he steps off of the stage, he said:

"Pay homage to Bob Marley." Meanwhile, Zayn - who is currently dating supermodel Gigi Hadid despite splitting earlier this year month after seven months of dating - has admitted the blonde beauty was his biggest support through his "dark" period which made them closer than ever. Speaking previously, a source said: "Things are back to normal with them. They got through a rough patch that Zayn was facing personally and it started to put a dark cloud on their relationship. Gigi was there for him when he needed her the most and that brought them closer than ever." The couple are rumored to be putting all their energy into mending their romance by spending time together and away from prying eyes.

Aniston fed up of pregnancy rumors



The 'Friends' star penned a lengthy essay for The Huffington Post newspaper where she insisted she has had enough of the "shocking lengths" the paparazzi will go to get a photo of her or her husband Justin Theroux. She wrote: "Let me start by saying that addressing gossip is something I have never done. I don't like to give energy to the business of lies, but I wanted to participate in a larger conversation that has already begun and needs to continue. Since I'm not on social media, I decided to put my thoughts here in writing. "For the record, I am not pregnant. What I am fed up. I'm fed up with the sport-like scrutiny and body shaming that occurs daily under the guise of 'journalism,' the 'First Amendment' and 'celebrity news.' "Every day my husband and I are harassed by dozens of aggressive photographers staked outside our home who will go to shocking lengths to obtain any kind of photo, even if it means endangering us or the unlucky pedestrians who happen to be nearby. But setting aside the public safety aspect, I want to focus on the bigger picture of what this insane tabloid ritual represents to all of us." The 47-year-old actress went on to slam the "objectification and scrutiny" women are put through. She added: "The objectification and scrutiny we put women through is absurd and disturbing. The way I am portrayed by the media is simply a reflection of how we see and portray women in general, measured against some warped standard of beauty. "Sometimes cultural standards just need a different perspective so we can see them for what they really are - a collective acceptance ... a subconscious agreement. We are in charge of our agreement. Little girls everywhere are absorbing our agreement, passive or otherwise."



Quinto still coping with the loss of Anton Yelchin

The actor tragically lost his life when he was trapped by his own car in a freak accident in Los Angeles last month and his co-star is hopeful the upcoming film 'Star Trek Beyond' will celebrate his "incredible spirit". Speaking to BANG Showbiz at the film's premiere in Leicester Square, London on Tuesday evening he said: "We pay tribute to him in our own ways all of the time and losing him is one of the hardest things that's happened to any of us. I think this whole thing is so difficult in proximity to that tragedy and it has to be about celebrating Anton and his incredible spirit and the life he lived. "He's gone way too soon but left behind people that are full of love for him and his work. Watching him on screen makes us all feel heartened by knowing that we got

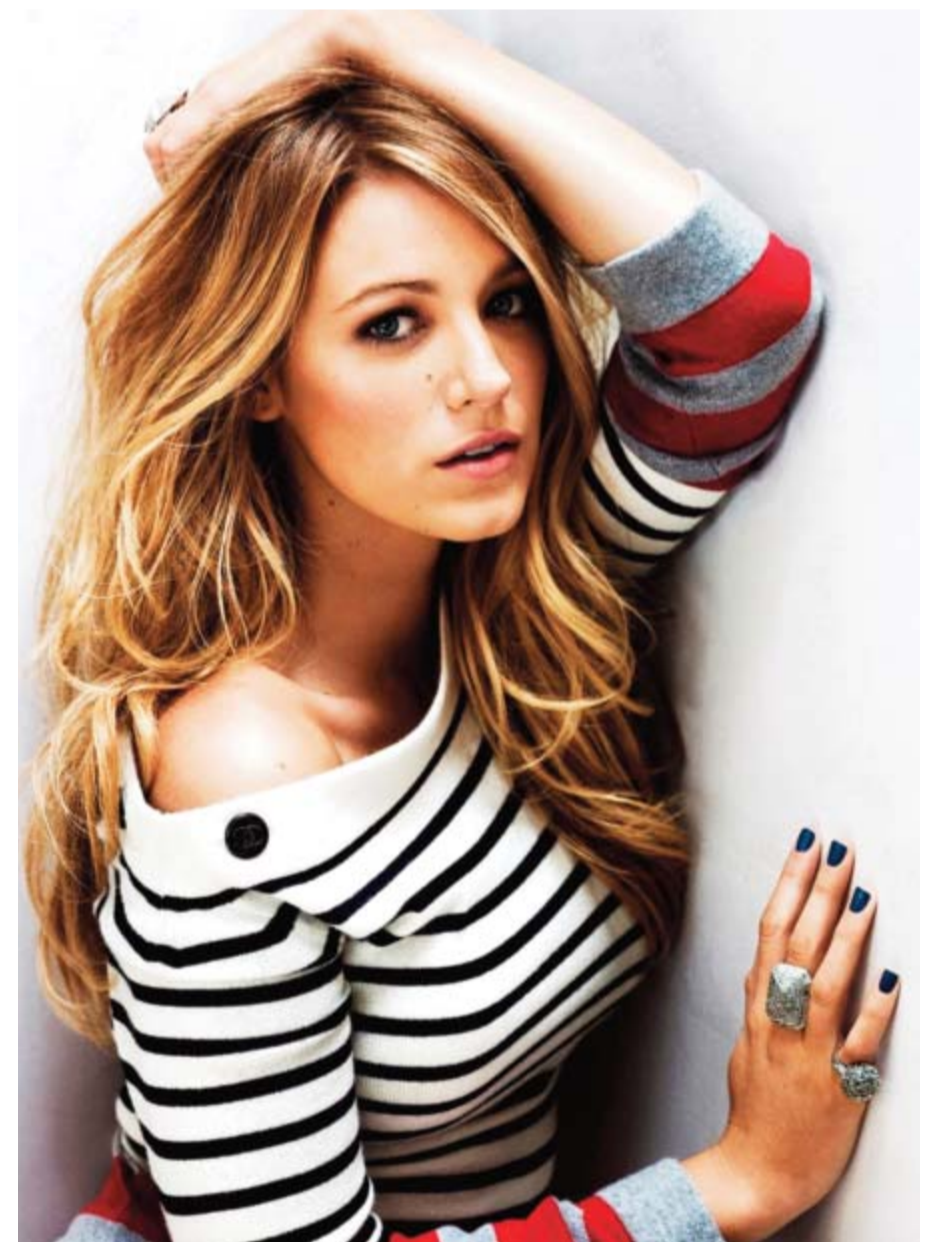
to spend some incredible time together." Meanwhile, Simon Pegg previously paid tribute to Anton, admitting he was like a part of his "family". He said: "He should still be here, but we have to make this about Anton now. And we talked about how hard it was gonna be to get out there and bang the drum for this movie when we've lost one of our family. "But for his sake and for his memory we're gonna make it. It's something that we just now have to contend with." And Zachary also recently described Anton's passing as a "devastating loss".



Bell was 'moved' by reaction to her battle with depression

The 35-year-old star opened up about her mental health struggles recently and is so thrilled she managed to help other people who are suffering. She told the new issue of Redbook magazine: "It didn't occur to me that I would help anybody. Also, I didn't expect to be so moved by people's comments on social media about how they had been prescribed medication and never wanted to take it until now because it finally didn't feel shameful. "You're labeled as a failure if you can't kick depression. That's bulls**t. You would never deny a diabetic his insulin and go, 'Why can't you process sugar on your own?'" Meanwhile, the 'Frozen' star - who has Lincoln, three, and Delta, 18 months, with her husband Dax Shepard -

previously admitted having depression left her feeling "worthless". She shared at the time: "For me, depression is not sadness. It's not having a bad day and needing a hug. It gave me a complete and utter sense of isolation and loneliness. Its debilitation was all-consuming, and it shut down my mental circuit board. "I felt worthless, like I had nothing to offer, like I was a failure. Now, after seeking help, I can see that those thoughts, of course, couldn't have been more wrong. It's important for me to be candid about this so people in a similar situation can realize that they are not worthless and that they do have something to offer. We all do."



Lively's family give her 'security and happiness'

The 'Gossip Girl' star has praised her husband Ryan Reynolds and her 18-month-old daughter James for helping her navigate through Hollywood. She told USA TODAY: "We've both given up projects that we really love because we can't keep our family together. People often think their career is something they have to chase and maintain, but for us, we said, 'Let's always chase and maintain our personal life.'" This is a career that's like the stock market: You've got to stay hot while you're hot. But your family, that's the real thing that gives you security and success and happiness." Meanwhile, the 28-year-old actress previously joked her and the 'Deadpool' star are "breeders". She said: "I'm one of five kids. My husband is one of four, so we're officially breeders. You can go on our website and we will give you some of our children." And Blake loves raising her daughter because

she is so much "fun". She shared: "She's always doing something fun and exciting. She's the most fun, funny human being I've ever been around in my life." The blonde beauty recently admitted she is keen to raise her kids in the same "normal" way her husband was brought up. She said: "Ryan had a nice, normal upbringing, and we want our kids to have the same normal life that we had. We don't ever want to rob them of what we had, because we'd feel really selfish. "I'd rather not have to deal with it at all, but we knew the lifestyle we were getting into, and while it's hard ... it's another thing when it's our child. She didn't have the opportunity to make a decision about what she wants."



Robbie studied Jared Leto like a psychologist

The 26-year-old star worked alongside the 44-year-old actor in hotly-anticipated movie 'Suicide Squad' and admitted she found it hard to "get through to him at first" because he was always in character. She told Bustle: "He's in character all the time. I spent a lot of time trying to figure out their relationship. Because he's got this facade up, it was really hard for me to get through to him at first. So I was like, okay, I gotta approach this as if I'm trying to crack the Joker. "It's a test that psychologists use to determine what mental illness people might have. It's a list of 500 questions or something. Whenever we had time to rehearse or improvise, or even in scenes, I'd just start with those questions ... I'd see which ones would catch him off guard and how, how he'd react, and I'd be like, 'Okay, I'm gonna go for this tactic now.'" Meanwhile, Margot previously revealed she accepted a role in 'Suicide Squad' without seeing the script. She said: "I never really thought to myself, 'Oh, I want to be in a comic-book movie.' When I first about it I was about to do a different project, and they said, 'Before you sign on for that, would you consider playing Harley Quinn?' I was like, 'Okay, can I read the script?' And they were like, 'There's no script.' 'Okay, is there anyone attached?' 'No one attached.' ... Is there a director?' 'Yeah, David Ayer.' And I was like, 'Well, I'm in!' And that was kind of it! I didn't sign on to do a comic-book movie, nor had I ever expected to. But if I was to do it, David was the guy I wanted to work with."



Stewart says love is an 'intense overwhelming' feeling

The 'Twilight' star was forced to remember the first time she fell in love and had her heartbroken for her role in 'Equals' and whilst she has good memories about love, she admits relationships can go "epically bad" as well. She told Entertainment Tonight: "I read the script and I was just like, 'This is going to suck and hurt to think about.' "You just place yourself in that feeling that maybe you've had before - it's the most visceral, intense overwhelming feeling - so when it's really great, it's epically great, and when it's really bad, it's epically bad. So we knew going into it, this was gonna be like ... 'Oof, this is going to hurt.'" Meanwhile, the 26-year-old star - who has romanced both men and women in the past - insists she never wants to define her sexuality. She said: "Me not defining it right now is the whole basis of what I'm about. If you don't get it, I don't have time for you. There's acceptance that's become really rampant and cool. You don't have to immediately know how to define yourself. "I had to have some answer about who I was. I felt this weird responsibility, because I didn't want to seem fearful. But nothing seemed appropriate. So I was like, how do I define that? 'I'm not going to. Plus, I didn't want to screw with other people. I didn't want to be this example: It's so easy. I don't want it to seem like it was stupid for them to have a hard time. I find the movement that's occurring to be so important, that I want to be part of it." - Bangshowbiz