

Matt Goss had a crush on Victoria Beckham



Khloe Kardashian's incredible weight loss

Khloe Kardashian showed off her incredible weight loss in a new before-and-after picture. The 32-year-old reality TV star - who lost 40lbs after embracing exercise and changing her diet - took to Instagram to share a side-by-side comparison picture of herself, as she promoted her new show 'Revenge Body'. Khloe wrote: "If you were to ask me five years ago if I ever saw myself being completely in love with fitness and health. That I would be an inspiration to many others, that I would be the push that others needed to find their way. I would've laughed in your face. Me? The chubby one? No way! But now I can't see myself ever stopping! I am completely honored and taking my role seriously in helping motivate and teach people what I had to learn to better myself from the inside out. Becoming stronger mentally so I can't let the little things break me down. I see myself only getting better and better! "I can't believe how far I have come! I almost can't believe that was me! If you've lost your motivation don't beat yourself up about it, negative thoughts only turn into negative realities. By keeping positive about your body, your inner health, your mental sanity, your fitness and what you're trying to achieve, you're way more likely to succeed. My fitness journey was for myself and myself alone. On my terms and on my timeline! Cheers to us becoming better than we were yesterday! #RevengeBody (sic). Khloe turned to exercise after the breakdown of her marriage to Lamar Odom incredible transformation. And she is getting ready to launch a new show, 'Revenge Body', which will help people overcome traumatic times in their life and get their "revenge" by getting back to their best. She previously explained: "Revenge Body" is basically a show about taking people that not so much are seeking revenge in a harmful, malicious way, but revenge in the best way possible, which is a good body. "So people that have gone through really traumatic experiences in life, not all of them are breakups, some of them have lost a parent or something that's been really traumatic which has caused them to gain a lot of weight and they don't really know how to get control over their life again. So whatever that circumstance is I want them to get revenge on that incident."

The 48-year-old Bros star had a secret admirer in the former Spice Girls star when they were younger, and he has admitted he fancied the brunette beauty - who has four children - Brooklyn, 17, Romeo, 14, Cruz, 11, and five-year-old daughter Harper with her retired soccer star husband, David Beckham - but admits she was right to fall in love with the 41-year-old hunk. He said: "Victoria is such a lovely girl. I had a crush on her too, but I think she made the right choice. "David and I chatted about having tattoos in the same place!" Meanwhile, Matt has said he's struggle meeting new people because of his hectic work schedule. He told Closer magazine: "My job makes it quite difficult to meet someone because I'm so busy travelling for performances. "I'm lucky to have such an amazing life, so I do want to share that with a best friend. Someone I can make love to all over the world and just have a laugh with." Matt previously insisted he is very much single and was just having a bit of fun with pop beauty Rebecca Ferguson, 30, who he was linked to at the end of 2016. He told BANG Showbiz: "That just took a life of its own. I know Rebecca, we spoke today she's lovely. "But I'm single and the good thing is it's a nice feeling when you meet someone, especially as lovely Rebecca, and you talk, but that happens at our pace and not anyone else's."



Lohan wipes social media accounts



Lindsay Lohan has wiped most of her social media accounts clean. The 30-year-old actress is "in a period of renewal" and has chosen to wipe her accounts so that she can start 2017 off with a clean slate. She said: "I am so excited for this new chapter in my life!" And Lindsay's manager Scott Carlsen added to MailOnline: "Lindsay in a period of renewal, and is very excited for what the new year holds. "We are extremely happy here at team Lohan, thrilled to see everyone's reactions over the next year as we have some big projects lined up." Lindsay recently revealed that having part of her finger ripped off in a fishing accident in Turkey last year helped her to put her life into perspective and has been a huge factor in her decision to continue volunteering with refugees. She explained: "Losing half of my finger and getting it back was one of the best things that happened to me. "If that didn't happen to me, if I didn't lose a part of myself essentially - and I weirdly think about this when I meditate - I wouldn't have stayed in Turkey. I wouldn't have stayed there, and I wouldn't have understood what it feels like to lose a limb." The actress spent time working with Syrian refugees in Turkey last year and is planning to go back to the country to help those in need. She said "I am deciding now if I will head back to do more work in refugee camps in Turkey and Antep during or after the New Year. "The dates are not set. It depends on how Turkey feels after the recent terrorist attack in Istanbul. Not that any attack has or will ever stop me from helping those suffering, those who need our help the most."



Taylor Hill plans business career

Taylor Hill wants to move into the "actual business" of fashion one day. The 20-year-old model is making the most of the opportunities she has in the catwalk world during her current career to learn as much as she can and will definitely use her "education" in the industry in the future. She told Britain's Vogue magazine: "I'm really curious about the fashion business. "I mean, the actual business. As such as anything else, one of the amazing opportunities I have, doing this job, is that I get to see the industry from the inside. "I'm always paying attention, always making mental notes. "The more I see, the more I learn. I'll definitely use that education someday." Taylor recently admitted being a Victoria's Secret Angel is a "challenge" for her as she isn't what people would expect of the lingerie models. She said: "[I'm] more of a loser tomboy type. I'm very nerdy, I love to read - I'm not necessarily a girl's girl. "Being an Angel" really challenges who I am as a person. I'm standing there in underwear, but I'm just [macho] like, 'Hey guys!' Of the Angels, Taylor is most close to "weirdo" Behati Prinsloo. She said: "She's a weirdo. I love her. "She's just loud and clumsy and she laughs a lot. The first time we met, she was touching my face and being like, 'You're so cute! And I'm just like, 'I love you!'" Taylor is dating fellow model and actor Michael Stephen Shank and though their work regularly keeps them away from their New York apartment, she insists it doesn't matter. She said: "He comes back and forth from LA, but then I go off on location and stuff. But it's OK. Sometimes absence makes the heart grow fonder."

Ben Affleck would 'discourage' his children from becoming actors



The 'Batman v Superman: Dawn of Justice' star - who has Violet, 11, Seraphina, eight, and Samuel, four, with his estranged wife Jennifer Garner - wouldn't like for his children to follow in his or Jennifer's footsteps. He said: "I wouldn't allow them to do it until they're 18, and once they were 18, they can do whatever they want to do, but I would discourage it." And the 44-year-old actor also opened up about his own journey to stardom. He shared to Extra TV: "Overnight, I went from somebody no one ever heard of, to somebody that gets recognized on the street and could get a table at a restaurant. I was 24-years-old and it was a confusing time. "I've got three kids now, and it's a whole long road later. I have a much better perspective on it all, although it still can be confusing and difficult to deal with. There's no map to it, you've just got to figure it out on your own." Meanwhile, Ben previously admitted he struggled with fame particularly in his 20s. He explained: "I'd always had a strong idea about my values and the direction I wanted to be headed in, then I ran into getting famous and it totally spun me around and I flailed around for a few years. When you're a young man in your 20s, part of that is making mistakes and learning from them. "I just made those in front of everybody, rather than privately. There's stuff I look back on and kind of cringe at but I always tried to treat other people well. My parents imbued that in me and the mistakes I made were mostly just of the embarrassing kind."



Ozzy 'took an overdose during wife's cancer battle'

Ozzy Osbourne overdosed when his wife Sharon suffered a seizure during her cancer treatment. Sharon, 64, was diagnosed with colon cancer in 2002 and her and Ozzy's daughter Kelly claims in her upcoming book, 'There Is No Secret', that Ozzy, 68, struggled to cope when his wife had a seizure while battling the disease. In an excerpt from the tome, obtained by the New York Post's Page Six, Kelly wrote: "Dad was there in his boxers, and I watched him scoop his hands into a bowl of pills, swallow a handful of something, and then wash it down with vodka. "Later in the ambulance he leaned over to put his hand out to see if mum was breathing. Then he passed out with his hand over her mouth. "The EMTs tried to pull him off, and Dad, not knowing where he was or what he was doing, started to resist out of habit. They pulled over the ambulance and started to call the police. "Dad could not handle the thought of losing mum." Kelly, 32, also claimed that Robin Williams saved her mother's life because he convinced Sharon to

continue her chemotherapy. Kelly wrote: "He climbed into bed with her. "He stayed there all afternoon, and throughout the house, you could hear her cackling with laughter. Shortly after he left, she told us that she'd decided to go back and finish chemo. "Robin Williams helped save mum's life." Speaking previously about her parents, Kelly joked she is "sickened" by how much they love each other. She said: "They love each other so much. It's almost sickening. And if they make out in public one more time, I think I'm going to throw up. You should've seen them last night: They have this huge massive mansion house, and they're tucked in a little corner in the kitchen on the couch cuddling and watching TV. "I was like, 'I'm just gonna drop this off and leave you guys to it. I'll see you later!' It's really nice to watch. Everyone goes through hard times, but they're the definition of true love. To see them fall so deeply in love with each other all over again time and time again, it makes me realize how special my family is."

Briana Jungwirth has deleted her Instagram account

The Los Angeles-based stylist - who has 11-month-old son Freddie Reign with One Direction star Louis Tomlinson - had her account hacked last week and has now decided to leave Instagram due to "privacy concerns". Tweeting from her verified account, she wrote: "Taking a break from @Instagram due to obvious privacy concerns." She later deleted the tweet but her Instagram page has been removed from the photo-sharing site. Briana's decision to delete her account came after it was briefly taken over by a mystery hacker, who posted a short message through a series of screenshots. The hacker wrote: "I hacked her to show her she needs to be careful with her Instagram account. Believe it or not I'm actually helping her a lot now she knows that she can't just put her information anywhere." However, Briana managed to get back control of her account and fired back on Twitter later. She wrote: "You seriously have nothing better to do than hack an innocent mother's Instagram. You are sick." Despite having public Instagram, Twitter and Snapchat accounts, Briana has previously asked for privacy and hit out at her online detractors. Last year she posted a message on her accounts, which read: "To all those who feel the need to make disparaging, hateful and inappropriate comments concerning me and my son Freddie -

I am sincerely sorry that you all have chosen to focus your time and attention on my life and the life of my son. Surely you must have better things to do than pry into the personal life of a single mom and newborn child. I am a proud new mother that is extremely joyous about my child being in this world and have shared that joy with my friends and family on a daily basis - often times through social media. However, that does not give anyone the right, or the invitation to be nasty and disparaging toward me. So, please stop prying into the private and personal facts of my life and my son's life in order to weave stories and peak public interest. "The things that you discuss, and the sources that you rely on are extremely off base and unreliable. More importantly, every mature and experienced adult should know that there is always more to a story than what meets the eye - especially involving matters of the heart. I am confident that in the days and weeks to come, you all will find that your negativity and venomous attacks were little more than time wasted. In the meantime - I am hopeful that you all will respect my son's privacy and find it in your hearts to discontinue the overwhelmingly inappropriate comments about me, my family, and most importantly, my son Freddie. Thank you. (sic)."

