

TV

AM MOVIES ACTION
01:10 Avengers Grimm
02:40 The Last Rescue
04:30 Tremors 5: Bloodlines
06:10 Beyond Redemption
07:45 American Ninja

ANIMAL PLANET HD
00:50 Lone Star Law
01:45 Wild Africa: Rivers Of Life
02:40 Treehouse Masters
04:25 Treehouse Masters
06:02 Cats 101

BBC FIRST
00:00 Call The Midwife
01:00 Liar
01:50 Line Of Duty

ci crime & investigation network
00:00 Britain's Darkest Taboos
01:00 The Menendez Murders: Erik Tells All
02:00 Crimes That Shook Britain

COMEDY CENTRAL
00:05 Josh Widdicombe: And Another Thing...
00:55 Another Period
01:20 Another Period

Discovery Family
19:50 Real Husbands Of Hollywood
20:12 Friends
20:35 Friends

Discovery Channel
00:30 Ultimate Survival
01:20 How We Invented The World
02:10 Out Of Egypt
03:00 How We Invented The World

ID
00:50 Murder Online
01:45 Kindred Spirits
02:40 A Haunting
03:35 Murder At Sea: People Magazine Investigates

Disney XD
00:10 Sabrina Secrets Of A Teenage Witch
00:35 Binny And The Ghost
01:00 Hank Zipper

Disney Junior
23:05 Rolling With The Ronks
23:20 Miraculous Tales Of Ladybug And Cat Noir

ITV CHOICE
00:40 The Chase
01:00 Emmerdale
01:30 Emmerdale

Discovery Channel
00:15 Yukon Men
01:05 Heavy Rescue
01:50 Railroad Australia

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06:00 Marvel's Spider-Man
06:25 Milo Murphy's Law
06:50 Right Now Kapow

EHD
00:00 WAGs Atlanta
00:55 Hollywood Medium With Tyler Henry
01:50 El News

National Geographic Channel
00:10 Wicked Tuna: North vs South
01:00 The Story Of Us With Morgan Freeman

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NAT GEO WILD HD
00:20 Extreme Animal Babies
01:10 Savage Kingdom: Uprising

NICK HD
00:12 Teenage Mutant Ninja Turtles
00:36 Rabbids Invasion
01:00 Rabbids Invasion

NAT GEO people HD
00:45 Ariana's Persian Kitchen
01:10 Lee Chan's World Food Tour
01:40 Places We Go

NICK JR.
00:15 Kid-E-Cats
00:21 Shimmer And Shine
00:43 Sunny Day

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AM MOVIES
02:18 Blaze And The Monster Machines
02:41 Paw Patrol
02:52 Kid-E-Cats

AM MOVIES HD KIDS
00:25 Legend Of The Sea
01:50 DinoFroz - An Island In The Sky
03:10 Felix The Toy Rabbit And The Time Machine

AM MOVIES HD
01:00 Shanghai Noon
02:50 An Inconvenient Truth
04:30 Dirty Dancing

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STAR GOLD
00:45 Akira
02:40 Traffic
04:30 The Front Row

STAR MOVIES HD
00:30 Grace Of Monaco
02:15 Boys And Girls
03:45 Deception

STAR WORLD HD
00:00 Say Yes To The Dress: Atlanta
02:00 Mistresses
03:00 House Of DVF

AM MOVIES HD FAMILY
00:15 Coat Of Many Colors
01:45 Lego DC: Justice League

AM MOVIES HD COMEDY
01:30 Pitch Perfect 2
03:25 Bill
05:00 The Discoverers

AM MOVIES
01:25 Bone Tomahawk
03:45 East Side Sushi
05:45 Not Without My Daughter

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