

TV Listings



01:30 Cyborg X
03:05 Edge Of Winter
04:35 Star Wars: Episode IV - A New Hope
06:45 Mission: Impossible - Rogue Nation
09:00 Somnus
10:25 Kingsglaive: Final Fantasy XV
12:25 Shanghai Noon
14:20 Mission: Impossible - Rogue Nation
16:35 Crossfire
18:10 Knight And Day
20:10 Bad Company
22:10 Phone Booth
23:35 Crossing Point



00:50 Untamed & Uncut
01:45 O'Shea's Big Adventure
02:40 Bad Dog
03:35 Predator's Prey
04:00 Predator's Prey
04:25 Whale Wars
05:15 North Woods Law
06:02 Wildest Indochina
06:49 Untamed & Uncut
07:36 Escape To Chimp Eden
08:00 Escape To Chimp Eden
08:25 Predator's Prey
08:50 Predator's Prey
09:15 O'Shea's Big Adventure
10:10 Bad Dog
11:05 Wildest Indochina
12:00 Predator's Prey
12:55 Whale Wars
13:50 North Woods Law
14:45 Bad Dog
15:40 Wildest Indochina
16:35 Untamed & Uncut
17:30 O'Shea's Big Adventure
18:25 The Bronx Zoo
19:20 Dr. Jeff: Rocky Mountain Vet
20:15 Bad Dog
21:10 Predator's Prey
22:05 The Bronx Zoo
23:00 Dr. Jeff: Rocky Mountain Vet
23:55 Wildest Indochina



00:00 Hold The Sunset
00:30 Mum
01:00 Death In Paradise
01:55 Holby City
02:55 Paula
04:40 EastEnders
05:10 Doctor Who
06:00 Doctors
06:30 EastEnders
07:00 Doctor Who
07:50 Holby City
08:50 Doctors
09:25 EastEnders
10:25 Death In Paradise
11:20 Casualty
12:15 Holby City
13:15 Doctor Who
14:05 Doctors
14:35 EastEnders
15:05 Casualty
16:00 Doctors
18:35 Friday Night Dinner
19:00 Death In Paradise
20:00 The Last Post
21:00 Father Brown
21:55 Poldark
22:50 Doctors
23:20 Friday Night Dinner
23:45 Death In Paradise



00:00 The First 48
01:00 The First 48
02:00 The Eleven
03:00 Homicide Hunter
04:00 The First 48
05:00 The First 48
06:00 The Eleven

07:00 Cold Case Files
08:00 The First 48
09:00 It Takes A Killer
09:30 It Takes A Killer
10:00 Crimes That Shook Britain
11:00 Crimes That Shook Britain
12:00 Crimes That Shook Britain
13:00 The First 48
14:00 Homicide: Hours To Kill
15:00 Homicide Hunter
16:00 Homicide Hunter
17:00 Cold Case Files
18:00 Homicide: Hours To Kill
19:00 It Takes A Killer
19:30 It Takes A Killer
20:00 Crimes That Shook Britain
21:00 Crimes That Shook Britain
22:00 Crimes That Shook Britain
23:00 Crazy Love



00:30 Kids Do The Craziest Things
00:55 Kids Do The Craziest Things
01:20 Space Dealers
02:10 Secret Space Escapes
03:00 Nextworld
03:50 Ultimate Survival
04:40 Tanked
05:30 How It's Made
05:55 How It's Made
06:20 Kids Do The Craziest Things
06:40 Kids Do The Craziest Things
07:00 Ultimate Survival
07:50 How It's Made
08:15 How It's Made
08:40 Kids Do The Craziest Things
09:05 Kids Do The Craziest Things
09:30 Tanked
10:20 Nextworld
11:10 Guinness World Records Smashed New Zealand
11:35 Guinness World Records Smashed New Zealand
12:00 Dynamo: Magician Impossible
12:50 How It's Made
13:15 How It's Made
13:40 Kids Do The Craziest Things
14:05 Kids Do The Craziest Things
14:30 Tanked
15:20 Ultimate Survival
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21:35 Guinness World Records Smashed New Zealand
22:00 Dynamo: Magician Impossible
22:50 Nextworld
23:40 Ultimate Survival



00:50 Alaskan Temptress: People Magazine Investigates
01:45 House Of Horrors: Kidnapped
02:40 The Perfect Suspect
03:35 Murder Book
04:30 Alaskan Temptress: People Magazine Investigates
05:25 Swamp Murders
06:20 I Almost Got Away With It
07:10 Blood Relatives
08:00 California Investigator
08:25 Deadline: Crime With Tamron Hall
09:15 Swamp Murders
10:10 Blood Relatives
11:05 The Perfect Murder
12:00 Blood Relatives
12:55 Deadline: Crime With Tamron Hall
13:50 I Almost Got Away With It
14:45 Blood Relatives
15:40 Obsession: Dark Desires
16:35 I Am Homicide
17:30 Deadline: Crime With Tamron Hall

18:25 Swamp Murders
19:20 I Almost Got Away With It
20:15 Blood Relatives
21:10 Obsession: Dark Desires
22:05 A Crime To Remember
23:00 The 1980s: The Deadliest Decade
23:55 Vanity Fair Confidential



00:10 Sabrina Secrets Of A Teenage Witch
00:35 Binny And The Ghost
01:00 Hank Zipzer
01:25 Alex & Co.
01:45 Disney Mickey Mouse
01:50 Evermoor Chronicles
02:15 Sabrina Secrets Of A Teenage Witch
02:40 Sabrina Secrets Of A Teenage Witch
03:05 Binny And The Ghost
03:30 Binny And The Ghost
03:55 Hank Zipzer
04:15 Disney Mickey Mouse
04:20 Hank Zipzer
04:45 Alex & Co.
05:10 Alex & Co.
05:35 Sabrina Secrets Of A Teenage Witch
06:25 Binny And The Ghost
06:45 Disney Mickey Mouse
06:50 Rolling With The Ronks
07:00 Miraculous Tales Of Ladybug & Cat Noir
07:25 Hotel Transylvania: The Series
07:50 Tsum Tsum Shorts
07:55 Tangled: The Series
08:20 Stuck In The Middle
08:45 K.C. Undercover
09:10 Bunk'd
09:35 Miraculous Tales Of Ladybug & Cat Noir
10:25 Lolirock
10:50 Lolirock
11:15 Sabrina Secrets Of A Teenage Witch
11:40 Sabrina Secrets Of A Teenage Witch
12:05 Hank Zipzer
12:30 Alex & Co.
13:20 Lolirock
13:45 Lolirock
14:15 Miraculous Tales Of Ladybug & Cat Noir
15:00 The Zhuzhus
15:15 Bunk'd
15:40 K.C. Undercover
16:05 Disney Mickey Mouse
16:10 Elena Of Avalor
16:35 Bizaardvark
17:00 Tangled: The Series
17:25 Miraculous Tales Of Ladybug & Cat Noir
17:50 Raven's Home
18:15 Stuck In The Middle
18:40 Hotel Transylvania: The Series
19:05 K.C. Undercover
19:30 Bunk'd
19:55 Descendants Wicked World
20:00 Miraculous Tales Of Ladybug & Cat Noir
20:25 Liv And Maddie
20:50 Jessie
21:15 Disney Mickey Mouse
21:20 Tangled: The Series
21:45 Bizaardvark
22:10 Hotel Transylvania: The Series
22:35 Bunk'd
23:00 Miraculous Tales Of Ladybug & Cat Noir
23:25 Miraculous Tales Of Ladybug & Cat Noir
23:50 Lolirock



00:00 Mission Force One
00:30 PJ Masks
01:00 PJ Masks
01:30 Art Attack
01:55 Henry Hugglemonster
02:05 Loopdidoo
02:20 Henry Hugglemonster

02:35 Calimero
02:50 Henry Hugglemonster
03:05 Art Attack
03:30 The Hive
03:40 Loopdidoo
03:55 Henry Hugglemonster
04:10 Art Attack
04:35 Loopdidoo
04:50 Calimero
05:05 Art Attack
05:30 Henry Hugglemonster
05:45 Henry Hugglemonster
06:00 Art Attack
06:30 Henry Hugglemonster
06:45 Loopdidoo
07:00 Henry Hugglemonster
07:15 Calimero
07:30 PJ Masks
08:00 Trulli Tales
08:30 Jungle Junction
08:50 Handy Manny
09:10 PJ Masks
09:30 Vampirina
10:00 Mickey And The Roadster Racers
10:30 Mickey Mouse Clubhouse
11:00 Puppy Dog Pals
11:30 Puppy Dog Pals
12:00 The Lion Guard
12:30 The Lion Guard
13:00 Sofia The First
13:30 Sofia The First
14:00 PJ Masks
14:30 PJ Masks
15:00 P-King Duckling
15:30 Tangled: Queen For A Day
16:15 Minnie's Bow-Toons
16:30 Elena Of Avalor
17:00 PJ Masks
17:30 Mission Force One
18:00 The Lion Guard
18:30 Puppy Dog Pals
19:00 Trulli Tales
19:30 Mickey And The Roadster Racers
20:00 Sofia The First
20:30 The Lion Guard
21:00 Vampirina
21:30 PJ Masks
22:00 Trulli Tales
22:30 Tangled: Queen For A Day
23:15 Minnie's Bow-Toons
23:30 Elena Of Avalor



00:15 Alaskan Bush People
01:05 Killing Fields: Murder Isle
01:50 Bear Grylls: Breaking Point
02:35 Kidnap And Rescue
03:20 Extreme Engineering
04:05 Flying Wild Alaska
04:50 Dirty Jobs
05:35 How Do They Do It?
06:00 The Caravan Show
06:23 Chaos Caught On Camera
06:45 How Do They Do It?
07:10 How Do They Do It?
07:35 Flying Wild Alaska
08:20 The Caravan Show
08:45 Chaos Caught On Camera
09:10 Dirty Jobs
09:55 Flying Wild Alaska
10:45 Dirty Jobs
11:30 Alaskan Bush People
12:20 The Caravan Show
12:43 Chaos Caught On Camera
13:05 How Do They Do It?
13:30 How Do They Do It?
13:55 Dirty Jobs
14:40 Alaskan Bush People
15:30 How Do They Do It?
15:53 How Do They Do It?
16:15 Bear Grylls: Breaking Point
17:05 Dirty Jobs
17:50 Impossible Engineering
18:40 Fire In The Hole
19:25 Alaskan Bush People
20:15 Extreme Engineering
21:00 Street Justice: The Bronx
21:50 Goblin Works Garage
22:40 Cuban Chrome
23:30 Gold Rush



06:00 Marvel's Spider-Man
06:25 Milo Murphy's Law
06:50 Right Now Kapow
07:15 Mech-X4

07:40 Disney Mickey Mouse
07:45 Walk The Prank
08:35 Right Now Kapow
09:25 Mighty Med
10:20 Star Wars: The Freemaker Adventures
11:10 Gamer's Guide To Pretty Much Everything
11:35 Gamer's Guide To Pretty Much Everything
12:00 Kid vs. Kat
12:25 Two More Eggs S2
12:30 Kid vs. Kat
12:55 Kirby Buckets Warped
13:20 Kirby Buckets Warped
13:45 Supa Strikas
14:10 Disney Mickey Mouse
14:15 Supa Strikas
14:40 Right Now Kapow
15:05 Right Now Kapow
15:30 Milo Murphy's Law
15:55 Two More Eggs S2
16:00 The Suite Life Of Zack & Cody
16:25 Lab Rats
16:50 Walk The Prank
17:15 Mech-X4
17:40 Marvel's Spider-Man
18:05 Kickin' It
18:30 Randy Cunningham: 9th Grade Ninja
18:45 Kickin' It
19:10 Mini Ninjas
19:25 Walk The Prank
19:50 Marvel's Rocket And Groot
19:55 Mech-X4
20:20 Penn Zero: Part Time Hero
20:45 Gamer's Guide To Pretty Much Everything
21:10 Kid vs. Kat
21:35 Marvel's Rocket And Groot
21:40 Disney Mickey Mouse
21:45 Lab Rats
22:10 Lab Rats
22:35 Phineas And Ferb
23:00 Programmes Start At 6:00am



00:10 WAGs Atlanta
01:00 WAGs Atlanta
01:50 E! News
02:50 WAGs
03:40 WAGs
04:35 WAGs
05:30 Celebrity Style Story
06:00 So Cosmo
06:55 E! News Middle East
07:10 So Cosmo
08:10 E! News: Daily Pop
09:10 WAGs Miami
10:10 WAGs Miami
11:05 WAGs Miami
12:00 E! News Middle East
12:15 Revenge Body With Khloe Kardashian
13:10 Revenge Body With Khloe Kardashian
14:05 Revenge Body With Khloe Kardashian
15:00 E! News Middle East
15:15 E! News: Daily Pop
16:15 WAGs Atlanta
17:10 WAGs Atlanta
18:05 WAGs Atlanta
19:00 E! News
20:00 Botched
21:00 Botched
22:00 Botched
23:00 E! News Middle East
23:15 Hollywood Medium With Tyler Henry



00:10 Who's Doing The Dishes?
01:00 Emmerdale
01:30 Coronation Street
02:00 Coronation Street
02:30 The Chase
03:25 It's Not Rocket Science
04:20 The Jonathan Ross Show
05:15 Don't Tell The Bride
06:15 Who's Doing The Dishes?
07:10 The Chase
08:05 Cannonball
09:00 The Jonathan Ross Show
09:55 Don't Tell The Bride
11:00 Who's Doing The Dishes?
11:50 The Chase

12:45 Emmerdale
13:15 Emmerdale
13:45 Coronation Street
14:15 Who's Doing The Dishes?
15:10 The Chase
16:00 Dancing On Ice
17:50 Don't Tell The Bride
18:50 Emmerdale
19:15 Emmerdale
19:45 Coronation Street
20:10 The Chase
21:00 Dancing On Ice
22:50 Emmerdale
23:15 Emmerdale
23:40 Coronation Street



00:00 Dogfights
01:00 Cities Of The Underworld
02:00 Brad Meltzer's Lost History
03:00 The Universe
03:50 Ancient Aliens
04:40 Clash Of The Gods
05:30 Dogfights
06:20 Million Dollar Genius
07:10 The Universe
08:00 Cities Of The Underworld
09:00 Brad Meltzer's Lost History
10:00 The Universe
11:00 Ancient Aliens
12:00 Ancient Discoveries
13:00 Dogfights
14:00 Cities Of The Underworld
15:00 Brad Meltzer's Lost History
16:00 The Universe
17:00 Ancient Aliens
18:00 Ancient Discoveries
19:00 Cities Of The Underworld
20:00 Brad Meltzer's Decoded
21:00 The Universe
22:00 Ancient Aliens
23:00 What Really Happened



00:15 Chasing The Sun
00:45 Maximum Foodie
01:10 Miguel's Tropical Kitchen
01:40 Chasing Time
02:05 Chasing The Sun
02:35 Confucius Was A Foodie
03:30 What's For Sale?
03:55 What's For Sale?
04:25 Dog Whisperer
05:20 Dog Whisperer
06:15 Food School
06:40 Food School
07:10 Chasing Time
07:35 Chasing The Sun
08:05 Confucius Was A Foodie
09:00 What's For Sale?
09:25 What's For Sale?
09:55 Dog Whisperer
10:50 Dog Whisperer
11:45 Food School
12:40 Food School
12:40 Food Lover's Guide To The Planet
13:05 Chasing The Sun
13:35 Confucius Was A Foodie
14:30 What's For Sale?
14:55 What's For Sale?
15:25 Dog Whisperer
16:20 Dog Whisperer
17:15 Food School
17:40 Food School
18:10 Eat Street
18:35 Chasing The Sun
19:05 Confucius Was A Foodie
20:00 What's For Sale?
20:30 What's For Sale?
21:00 Dog Whisperer
22:55 Food School
23:20 Food School
23:50 Eat Street



00:10 Hitler's Last Year
01:00 Apocalypse: The Second World War
02:00 Chain Of Command
03:00 Science Of Stupid Compilations
03:30 Science Of Stupid Compilations