



ATME, Syria: Displaced Syrian mother Mona Mutayr (4th-right) breaks her fast with her children in a field near a camp for displaced people at the village of Atme, in the jihadist-held northern Idlib province during the Muslim holy fasting month of Ramadan. — AFP

## 'Burn-out' recognizes as medical condition

GENEVA: The World Health Organization has for the first time recognized "burn-out" in its International Classification of Diseases (ICD), which is widely used as a benchmark for diagnosis and health insurers. The decision, reached during the World Health Assembly in Geneva, which wraps up on Tuesday, could help put to rest decades of debate among experts over how to define burnout, and whether it should be considered a medical condition.

In the latest update of its catalogue of diseases and

injuries around the world, WHO defines burn-out as "a syndrome conceptualized as resulting from chronic workplace stress that has not been successfully managed." It said the syndrome was characterized by three dimensions: "1) feelings of energy depletion or exhaustion; 2) increased mental distance from one's job, or feelings of negativism or cynicism related to one's job; and 3) reduced professional efficacy."

"Burn-out refers specifically to phenomena in the occu-

pational context and should not be applied to describe experiences in other areas of life," according to the classification. The updated ICD list, dubbed ICD-11, was drafted last year following recommendations from health experts around the world, and was approved on Saturday. "This is the first time" burnout has been included in the classification, WHO spokesman Tarik Jasarevic told reporters.

The ICD-11, which is to take effect in January 2022, contains several other additions, including clas-

sification of "compulsive sexual behavior" as a mental disorder, although it stops short of lumping the condition together with addictive behaviors. It does however for the first time recognize video gaming as an addiction, listing it alongside gambling and drugs like cocaine. The updated list removes transgenderism from its list of mental disorders meanwhile, listing it instead under the chapter on "conditions related to sexual health". — AFP

## UK interior minister Javid enters PM race

LONDON: UK interior minister Sajid Javid became the ninth candidate yesterday to enter the race to replace Theresa May as premier, promising to "deliver Brexit" after repeated delays. Referring to the drubbing May's Conservatives received in European Parliament elections, Javid said the new party leader had to restore voters' trust.

"As last night's results made all too clear, we must get on and deliver Brexit to make sure there is renewed trust in our democracy," Javid said in a video message posted on Twitter. "We must bridge divides to heal communities, reminding us of our shared values as a United Kingdom," said Javid, whose father emigrated from Pakistan and worked as a bus driver.

Javid did not join several other leadership hopefuls in saying that he would pull Britain out of the EU with

or without a deal when the new deadline arrives on October 31. Conservative Party leadership frontrunners, including former foreign minister Boris Johnson, have said they were ready for a so-called "no-deal Brexit," despite warnings that this may put Britain in economic peril.

May's party is being pushed further to the right by the strong European election performance of the Brexit Party of anti-European populist Nigel Farage. His success reflected Conservative voters' anger at May's inability to finish Brexit by its original March 28 deadline, with her deal with Brussels getting rejected by parliament three times.

The Conservatives picked up just nine percent of the vote, their worst election result since 1832. Farage's new party won almost 32 percent, and is now demanding a seat at the negotiating table with Brussels. Javid, 49, became the first candidate to declare his candidacy over social media. He is viewed as a relative long-shot in a field that is expected to grow further in the days to come. — AFP

## US not targeting regime change...

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Trump had earlier opened the door to negotiations with Tehran, saying: "If they'd like to talk, we'd like to talk also."

The comments were in marked contrast to growing concerns in Washington about conflict after the administration dispatched an aircraft carrier, bomber planes and 1,500 extra troops to the region in response to alleged Iranian threats. Trump has sought to dismantle an international agreement meant to reward Iran for opening its nuclear program to outside controls, instead adding crippling new US sanctions seen by many as aimed at bringing down the government.

### 'Tremendous potential'

Addressing another hot-button issue, Trump doubled down on his backing for Kim despite two short-range missile tests that sparked renewed concern in the region after a period of relative calm. Asked about the missile tests, Trump said: "My people think it could have been a violation... I view it as a man who perhaps wants to get attention." This appeared to be a second put-down of his hawkish National Security Advisor John Bolton, who said Saturday the launches contravened UN Security Council resolutions.

Kim "is looking to create a nation that has great strength economically," said Trump, repeating his mantra there is "tremendous economic potential" in North Korea. "He knows that with nuclear, that's never going to happen. Only bad can happen. He is a very smart man, he gets it well," said the president, who even said he agreed with the North Korean leader's jibe about the intelligence of Joe Biden, who currently leads the pack to win the Democratic nomination to take on Trump in 2020.

## Ramadan develops love...

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Aside from these Quranic verses, Prophet Muhammad (PBUH) advised his followers in innumerable traditions to be good to others. For example, he said, "Do you know what the rights of a neighbor are? If a neighbor seeks your help, extend it to him. If a neighbor asks you for a loan, lend him. If your neighbor becomes poor, then help him financially and attend to his poverty if you can. If your neighbor becomes ill, then visit him. If your neighbor is happy on certain gain, then congratulate him.

If your neighbor is suffering a calamity, then offer him condolences. If your neighbor dies, then attend his funeral. Do not raise your building over his building, so that he would have no sun exposure or wind passage. Do not bother your neighbor with the smell of your cooking, unless you intend to offer him some" (Tabrani, 101). Detailing the behavior of a loving neighbor is more meaningful than a simple order to love them.

"Kim Jong Un made a statement that Joe Biden is a low IQ individual. He probably is, based on his record, I think I agree with him on that," said the president. For his part, Abe stated the launches were a violation of UN resolutions and reiterated Tokyo's stance that they were "very regrettable". Abe said he had won Trump's blessing to hold face-to-face talks "without preconditions" with Kim in a bid to resolve the issue of Japanese citizens kidnapped by North Korea decades ago—a burning domestic political issue.

### 'Great time'

Trump said it was a "great honor" to be the first foreign leader visiting Naruhito. In the morning, Trump and his wife Melania were greeted by the emperor and his wife Empress Masako at the palace in Tokyo, inspecting an honor guard and exchanging gifts. They returned in the evening with Abe and his wife for a lavish banquet featuring six courses, including Trump's favorite—beef—and a dessert described as Glace Mont Fuji. The emperor and Trump both made toasts praising their countries' friendship, the US president even sprinkling in a few Japanese words to his address, as he referenced ancient Japanese poetry.

Yesterday marked the start of the official program after a weekend in which Trump and Abe strengthened their personal friendship with sumo, golf and meals out. Trump said Sunday he was having a "great time." Abe was hoping that their diplomatic bromance would act to his advantage in delicate trade talks between the world's number-one and number-three economies.

This seemed to have had some effect, with Trump saying that "much" of that deal would wait until Abe faces upper house elections likely in July—as rumors swirl that the popular prime minister will combine that vote with a snap general election. On the even tougher trade negotiations with China, Trump suggested there was a "very good chance" for a "very good deal" with China. But he gave no timeline, saying it would come only "sometime" in the future. — AFP

## Qatar invited to emergency...

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Saudi King Salman bin Abdulaziz Al Saud to attend the summit of Gulf Arab rulers and a wider meeting of Arab leaders, the Qatari Foreign Ministry said in a statement.

The invitation and a letter was passed to Qatar by

## Amir calls for national unity...

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constitution, which we always affirm and protect," he said. His Highness the Amir called for constructive cooperation between the state's legislative and executive powers. "I avail this opportunity to reassure the importance of fruitful and constructive cooperation between the legislative and the executive powers to strengthen the state of institutions, rule of law, completing the consideration of the submitted draft laws and implement the economic programs aimed at the diversification of national sources of income, and creating productive job opportunities for the young people to participate in pushing forward the wheel of development, and enhancing the non-oil revenues," he added.

His Highness also called on all those in charge of the media to play their role consciously and responsibly. "We do not want our media to divert from its national message to what threatens the unity of the homeland and its social security, especially under the critical circumstances in the region. We look forward to our media to be the light of civilization, a tool to advance construction and development efforts, a platform for responsible freedom and informed public opinion," he stated.

His Highness the Amir, however, lamented that some misuse social media to spread rumors and hatred,

the head of the Gulf Cooperation Council (GCC), the statement said, without saying whether Qatar would accept it. Saudi Arabia has accused Iran of ordering the drone strikes, for which Yemen's Iran-aligned Houthis claimed responsibility. The kingdom said that while it did not want war in the region, it was ready to respond strongly.

The UAE has not blamed anyone for the sabotage of the tankers pending an investigation, and said it was committed to de-escalation. Iran has denied it carried out either attack. The UAE has said that the current "critical circumstances" in the region required a "unified Arab and Gulf stance". — Reuters

"Unfortunately, what we see and experience is the misuse of social media, which have often become tools of demolition and questioning of intentions, and spreading the spirit of hatred among members of society," he regretted.

His Highness the Amir highlighted the government's efforts to empower youth and increase their contributions to the state building and society development. He noted that he has repeatedly stressed, on several occasions, that youth is the true wealth of the nation, and that they have both his attention and the attention of the government, as "they are the most precious of our wealth, and the best investment."

"Since the first Youth Conference in 2013 under the slogan 'Kuwait hears,' the government has studied the important recommendations issued by it, accelerated their implementation, and took measures to develop youth capabilities and skills, address their issues, and overcome the obstacles they face." As a follow-up to these efforts, Al-Diwan Al-Amiri recently launched the Kuwaiti Youth Project under the title 'Kuwait is proud'—which is aimed at honoring and nurturing this promising generation to enable them contribute in the development process and to build the present and future Kuwait," he said.

His Highness the Amir also recalled his initiative to establish the National Center for Innovation - through which to develop the ideas and innovations of young people, and turn them into projects of economic feasibility for their benefit and the benefit of the country. "Young people, as I said in many occasions, are the source of hope," he concluded. — KUNA

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