

Health & Science

Arabiya Clinic sponsors Breast Cancer Awareness Day at KOTC



KUWAIT: On the occasion of Breast Cancer World Awareness Month, Arabiya Clinic organized and presented at the Kuwait Oil Tanker Company (KOTC) a series of awareness lectures for breast cancer in addition to some of the services and medical check-ups dealing with women's and men's health.

The meeting commenced with an awareness lecture from Dr Berchanti Bershad, a registered dentist with more than 12 years of experience in the treatment of teeth, gums and dental surgical implants. The audience were informed about the close association between breast cancer and dental health and the dangers of neglecting gum and teeth examinations. Studies of the most prestigious universities in the field of research indicate that 14 percent of people with gum problems may have cancer compared to people who have no dental problems. Regarding the link between dental diseases and cancer, the bacteria in the oral cavity which causes tooth pain and gum disorders transfers to other organs in the body through saliva and blood circulation. This affects some parts of the body, resulting in the occurrence of breast cancer.

This was followed with a lecture given by Dr Matthew, a general practitioner with long experience in the field of dental treatments and health in addition to the Hollywood Smile. His lecture, titled 'Smile Design,' discussed healthy

lifestyle and exercise with attention to diet and oral health. He said that breast cancer does not mean the end of the road, and that many cases have been cured because of the lack of despair and the insistence on life. He informed of the importance of dental examination and treatment before starting chemotherapy courses. In the interest of public health, dental health is a way to a better life and an escape from diseases. Breast cancer does not only affect women, but also occurs in men. The cases of breast cancer in men constitute between 0.5 and 1.0 percent. Most diagnosed cases of breast cancer in men is in the advanced stages, mostly due to the lack of awareness of the possibility that men can develop breast cancer.

This was followed with a lecture by Dr Rasha Salah, a senior in oral and dental surgery. Her lecture drew the attention of the audience on the topic of 'protecting your children's teeth may save their lives.' This is important due to the stem cells existing in the bone marrow, which is largely stored in the first teeth of the children. According to the National Center for Biotechnology Information in the United States, stem cells can be used to treat serious diseases such as cancer or diabetes which may later infect the child.

Finally, Dr Divya Viswanathan presented a lecture titled 'oral care for patients in need of chemotherapy, radiation therapy and bone marrow transplantation,'



where oral and dental hygiene care is required during chemotherapy. She said that this treatment may cause infections and small wounds in the mouth that heal with difficulty. She added that in the event of feeling pain during dental care, you can use painkillers. It is also important during treatment to stay away from spicy or acidic foods, as well as stay away from smoking.

She ended that many people who are treated for cancer get a lot of problems in the mouth or teeth, which

disappear after attention to oral health treatment, but in the case of neglecting oral health, mouth problems may develop for months or years. Dr Medhat Qadis Ibrahim, a doctor in internal medicine, surgery and intensive care, carried out free checkups and consultations. He discussed medicines and the importance of early screening for the detection of breast cancer and the importance of a blood test for the indication of tumors for the prevention of cancer.

CLINIC

PAGE








248 33 199

ANESTHESIA

These services include, but are not limited to, the below:

- Accurate assessment of patient's condition prior to surgery to prevent any complications that may arise
- Helping the patient reduce or eliminate stress from undergoing surgery
- Minimize possible side effects and complications that may occur after the surgery
- Ease the patient into a smooth recovery phase





1808088 talbahospital.com

fb @talbahospital

ANESTHESIA



Dr. Zakaria Alrosayy
Consultant Anesthesiologist



Dr. Maher Zaki
Consultant Anesthesiologist



Dr. Jamsiedin Ejaimi
Anesthesia Specialist



Dr. Abba Saab
Anesthesia Specialist



Dr. Rabie Soliman
Anesthesia Specialist



Dr. Ramez Aziz
Anesthesiologist



Dr. Hisham Elgamal
Anesthesiologist



Dr. Esam Abdelrahman
Anesthesiologist



Dr. Mohamed Ezat Maaly
Anesthesiologist



Dr. Sofik Mergally
Anesthesiologist



1808088 talbahospital.com

fb @talbahospital

FOLLOW US ON SOCIAL MEDIA

@hadclincoy



Tel: 1808292
WhatsApp Us: +965-6000 2184





Dr. Ahmed Hosni Abd Elhamid
Consultant



Dr. Rany Essam Mitwally
Senior Registrar



Dr. Abeer Khattab
Specialist





Cataract Surgery



Glaucoma



Retina



General Ophthalmology



Follow-Up All Treatments

To advertise on this Page



Call: 24833199 ext:101,102

To advertise on this Page

Call: 24833199 ext:101,102 or Direct line: 24835616 / 24835617

or email: ads@kuwaittimes.com

WELCOME

Dr Tammam Abou Ali

Consultant ENT, Head & Neck, Facial Plastic Surgeon.

Fellowship of the royal college of surgeons in UK and Ireland. 10 years work experience in Ear-Nose-Throat Hospital, MDR Kuwait. Ex Head of ENT department in Ear-Nose-Throat Hospital, MDR Kuwait. 10 years work experience in UK and Ireland.



www.qmc-kuwait.com

- Endoscopic Sinus Surgery
- Septoplasty and turbinate reduction surgery by laser or RF
- Snoring and OSAP Surgery
- Rhinoplasty with open and closed techniques
- Microscopic Middle Ear Surgery and Tympanoplasty
- Salivary gland and parotid surgery
- Thyroid and parathyroid surgery
- Micro laryngeal surgery





1 888 883

www.qmc-kuwait.com

Our Doctors Provide care For the entire Family

Book your appointments today!





Dr. Kiran Turaka
Ophthalmologist



Dr. Zarreena Zahir
Ophthalmologist



Dr. Hasan Khan
Senior Cardiologist



Dr. P. Seshendra Nath
Orthopedic Consultant (AUSTRALIA)
Specialist in Neck, Shoulder, Hip and Knee



50721507
24551555

EXIR MEDICAL SUBSPECIALITIES CENTER

Block No.4 Jahra - Kuwait

WE ACCEPT ALL MAJOR INSURANCES

Tel : 24568857 / 24568859 info@exircenterkw.com www.exircenterkw.com