

What's On

CBK celebrates National day with students of Al-Nebras school



Commercial Bank of Kuwait (CBK) concluded its National days celebration program, on the occasion of the 59th Independence and 29th Liberations anniversaries.

Deputy General Manager, Corporate Communications Division Amani Al-Waraa said February brings with it good memories every year, which is an opportunity to

renew commitments to work for the good of Kuwait and society's flourishing.

She said the bank decorated its main building with a picture of HH the Amir and lights that reflects the meaning of this National celebration. Meanwhile, the bank received students from Al-Nebras Model School for those with special needs to celebrate with them the national days.



Four Seasons launches 'Take the Leap' podcast series

Embracing an extra 24 hours in 2020, Four Seasons is spotlighting tangible transformation through travel in a three-part podcast series launching today. Following the release of a global survey looking at varying perspectives on the value of time, Four Seasons further explores how travellers can make the most of this year's 366 days, through dynamic conversations with global adventurers.

The world's leading luxury hospitality company's first-ever podcast series introduces audiences to three influencers, three hosts, and a trio of Four Seasons destinations as they talk meaningful travel moments, stepping outside one's comfort zone, and what it means to truly Take Your Time.

Episode 1: Jessica Nabongo and Alicia Miller

Corbett: The Power of Travelling Outside Your Comfort Zone, Four Seasons Hotel Firenze

Writer, entrepreneur, public speaker and travel influencer Jessica Nabongo is the first documented black woman to visit every country in the world. In Take the Leap's debut episode, together with host Alicia Miller Corbett, Editor in Chief of Four Seasons Magazine, Jessica reflects on her two-and-a-half-year journey, and how breaking free of her comfort zone has led to deeper, life-changing connections. After a Four Seasons experience in the Tuscan countryside foraging with a fourth-generation truffle hunter, a mixology class with head bartender Karem Pasqualetti, and a cooking lesson from Michelin starred Chef Vito Mollica, Jessica encourages listeners to live life without limits, embracing new opportunities at every turn.

Interested in taking the leap with Four Seasons? Take Your Time: Daily Discoveries is a global collection of bookable experiences that require no more than one day, one hour and even one minute. Explore more with #FSTakeYourTime.



Coming up next

Episode 2: Patrick Janelle and Georgina Miranda, Four Seasons Resort Costa Rica at Peninsula Papagayo

After quitting his full-time job as a graphic designer at Bon Appétit magazine to live out his passion, professional Instagrammer and content creator Patrick Janelle hosts episode two of Take the Leap, leading a thought-provoking interview with adventurer Georgina Miranda. Having conquered Mount Everest twice, founded consulting and coaching serv-

ice She Ventures, and currently pursuing the "Explorer's Grand Slam" (a quest to stand on the highest summits in each continent, as well as the North and South Pole), Miranda meets with Janelle in Costa Rica to discuss how travel and work/life balance can fuel success and offer a new mindset about what's possible.

Episode 3: Poppy Jamie conversation with Dave Krugman, Four Seasons Hotel Kyoto

In the final episode of the three-part series, well-being entrepreneur, former television host and Happy Not Perfect app creator Poppy Jamie speaks with professional photographer and passionate traveller Dave Krugman in historic Kyoto, Japan. The pair offer unique perspectives on how travel is essential to creative life, and the question of whether it is possible to take your "vacation self" home with you.

To listen, subscribe to Take the Leap on Spotify, or Apple Podcasts. For extended footage, watch the series unfold on YouTube, with new episodes launching in March and April. Follow @fourseasonson social for updates and join the conversation with #FSTakeYourTime.



PRAYAN 2020 - The beginning of a new journey for Class 10 and 12

"A journey of a thousand miles begins with a single step." Rightly quoting, the Principal and Senior Administrator of The Indian Community School Senior, Dr V Binumon organized a blessing ceremony for the children of classes 10 and 12 on 18th February 2020 in the school auditorium. The ceremony was collocated in two separate sessions.

PRAYAN for class 12 was solemnized by Rev Fr Lionnel Braganza, Principal Don Bosco [IEAS], the Chief Guest for the occasion. The show got on the road with the Islamic prayer by Yusuf Shabbir to invoke the blessings of God Almighty. The very allegorical act of lighting the lamp in order to remove the darkness of ignorance was done by Rev Fr Lionnel who was accompanied by Dr V. Binumon.

It was followed by the national anthems of Kuwait and India that was euphonicly rendered by the Senior School choir Swaranjali. The Principal ICSK Senior welcomed the Chief Guest, dignitaries, teachers, parents and the children wholeheartedly. Rev Fr Lionnel Braganza shared his message of blessings with the children wishing them luck and success in their future endeavours. Swaranjali, the Senior school choir showcased an inspirational song elevating the thoughts of the crowd high.

The class teachers of class 12 were bequeathed with their responsibilities and manuals by Rev. Fr. Lionnel and Dr. V Binumon distributed the personal logs and time tables to the subject teachers. Rev. Fr Lionnel was presented with a memento by Dr. V Binumon as a token of love, appreciation and gratitude. Mrs Susan Rajesh Vice principal ICSK Senior, shared the words of blessings and administered the oath to the children of class 12. An inspirational video was played to motivate and galvanize the minds of the children. Antony Austin, Mrs Mussuratt Parker and

Mrs Sandhya Menon from the departments of Science, Commerce and Social Science shared their inspirational messages and advised the children to soar high and reach greater heights according to their potentials.

The vote of thanks was proposed by Mrs Niva Elna Varghese, the Academic Supervisor Senior Secondary.

The second session of PRAYAN 2020 was for the children of class 10. The ceremony got going with the Islamic prayer by Mohammed Haris. The Chief Guest who graced the promising occasion of PRAYAN 2020 of class 10 was Sr Christy Maria A.C Principal Carmel School. Sr Christy Maria lighted the lamp of knowledge and the school choir rendered the Kuwait and Indian national anthems. Principal and Senior Administrator of ICSK Senior Dr V Binumon delivered the welcome address and greeted the chief guest, dignitaries, parents, teachers and the children of class 10 with warmth and joy. Sr Christy Maria bestowed the message of blessings upon the children of class 10. Swaranjali rendered with a mellifluous and expressive song leaving a soothing effect.

Sr Christy Maria distributed the attendance registers, class logs and cards to the class teachers of class 10. Binumon distributed the personal logs and time tables to the subject teachers.

As a token of appreciation and gratitude Sr Christy Maria A.C was presented with a memento by Binumon. Mrs Susan Rajesh shared the words of blessings and administered the oath to the children. Dr Saroj, Mrs K Lamba and Jacob George from the Department of English, Hindi and Maths shared inspirational messages with the children with an intention to boost their morale and guide them towards the right path. Mrs Saritha Nair Academic Supervisor Secondary proposed the vote of thanks.

