

## Local

**Kuwait Times**  
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The First Daily in The Arabian Gulf

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## News in brief

## Oil price up

**KUWAIT:** The price of Kuwaiti oil went up by 96 cents to \$66.09 per barrel Friday as opposed to \$65.13 pb the day before, said the Kuwait Petroleum Corporation (KPC) yesterday. The prices of the Brent crude and West Texas Intermediate, globally, went down with the first going down by 17 cents to \$66.77 per barrel, while the latter went down by 33 cents to \$63.13 pb.

## Terrorist attack

**KUWAIT:** Kuwait on Friday strongly condemned the terrorist attack on Irbil International Airport and the terrorist attack on a market in east Baghdad that killed and injured a number of people. The Ministry of Foreign Affairs in a statement affirmed Kuwait's full support to any measures taken by Iraq to protect its security and stability.

## Continued assaults

**KUWAIT:** Kuwait's Foreign Ministry condemned and denounced, in the strongest terms, Houthi militias' continued assaults on Saudi Arabia's civilians and civil areas. In a press statement, the Ministry said that the continuation and increasing of these attacks stresses the importance for international community to move to put a decisive and deterrent end to these attacks. Such attacks violate international humanitarian law, and pose threats to the sisterly Kingdom of Saudi Arabia and the region's stability, the statement noted.

## Kuwait Heritage



**KUWAIT:** The fish market as it appeared in the winter of 1960. The picture shows buyers checking fish before negotiating with the seller on the price at a sidewalk in the market. (Source: 'Pictures of the old markets of Kuwait' by Ali Al-Rais, Center of Research and Studies on Kuwait 2017. Prepared by: Mahmoud Aakaria Abu Alella, researcher in heritage, Ministry of Information)

## Health Bank launches diabetes management program

**DUBAI:** Following a successful pilot program earlier this year, The Health Bank (THB) has announced the launch of Diabetes Connected Care program. The program, available to all individuals in the UAE living with a Type 2 Diabetes diagnosis, supports the day-to-day management of diabetes, and related complications.

Combining innovation with personalized care, the program follows the International Diabetes Federation guidelines, using state-of-the-art technology including Continuous Glucose Monitor by Medtronic and smart glucometer by iHealth and Contour.

Zarina Jafar, THB Co-founder and Strategy Director, said: "Quite often, a diagnosis of diabetes can be overwhelming, and the issue can be compounded when tasked to adhere to a care plan and manage a busy lifestyle. Lack of knowledge, under-

standing and motivation can greatly affect how well the condition is managed and can increase the severity and reduce the overall quality of life. By combining personalised care and using innovative remote monitoring devices, we aim to effectively manage diabetes, and prevent complication."

The Connected Care program manages individuals at every stage of diabetes and, in some cases, program intervention can delay the progression of the disease if the patient successfully engages during prediabetic or early-stage diabetes.

THB also offers lifestyle management programs that encourage a healthy and proactive lifestyle. This involves monitoring health data, assessing nutritional advice and accessing motivational support. THB Clinicians are ideally placed to recognize the trends and patterns through continuous monitoring and can offer nudges, reminders and alerts as and when needed.

THB Global aim to roll the program out across the region to create a meaningful impact on the growing



Zarina Jafar

global epidemic of diabetes. The Connected Care programs complement existing and traditional models of healthcare by combining innovative practices to fill in the gaps and reduce the burden of high treatment costs on the governments. Part of the program includes motivating members, quantifying the progress and engagement, to which THB has created a five-star rating system unique to the program. The system is based on monitoring progress against targets and evaluating the level of engagement.

Commenting on the motivational technique, Zarmina Jafar added: "We believe it is not only important for progress to be quantified but for engagement and efforts to be recognized and celebrated. The information gathered as part of the program greatly supports the specialists and physicians, enabling them to have a full 360 insight into the patient's lifestyle outside of the clinical environment. Building this individual, comprehensive picture is the start of a lifelong approach to prioritizing good health."

The onboarding process to the Connected Care program includes a health assessment and review of family medical history, during which, patients will be asked about their preferred monitoring device as well as their targets and goals.

## stc promotes sustainability during Ramadan

**KUWAIT:** Kuwait Telecommunications Company - stc, a world-class digital leader providing innovative services and platforms to customers, enabling the digital transformation in Kuwait, announced the launch of its multi-layered campaign focusing on achieving sustainable outcomes during the holy month of Ramadan and in the future. Titled "#today\_we\_can", the campaign aims at spreading awareness on the importance of acting today for a better tomorrow, whether it is supporting the community or taking advantage of a given opportunity.

stc kicked off its campaign by hosting Graish for its employees several days before the holy month began, the Company highlighted in a statement. The event was part of the #today\_we\_can initiative, which is composed of several segments, including a group level TVC that focuses on sustainability. This year, the concept focused on highlighting the importance of acting today, whether it is to stop hunger, end the pandemic, educate those who are in need, or capitalize on an opportunity that can ultimately change the lives of others. The TVC was shared throughout the group's digital platforms to promote the encouraging and empowering message.

As part of its internal and external communication activities for both employees and the Kuwaiti community, stc will be sharing messages and tips on different aspects of life, such as health, sports, religion, and other topics. The external activities also included one more collaborative project with Tarahom Volunteer Team. The concept was based on interviewing different members of the Kuwaiti community about their unique cases in a series of episodes that will be aired to the public soon. Upon meeting the individuals, stc evaluated their cases

and aims to support them in fulfilling their needs and achieving their goals under the stc's CSR initiative.

Considering that Ramadan is the month of giving, stc organized its annual initiatives in addition to the #today\_we\_can campaign. Aside from Graish, stc will be hosting some online activities during Gergean. When organizing its internal and external initiatives, stc strictly follows the guidelines issued by the Ministry of Health regarding social distancing. stc ensures that all safety measures are implemented throughout its headquarters, across its branches, and at any external initiatives it participates to battle the current pandemic.

Danah Al-Jasem, General Manager of Corporate Communications at stc, said, "We at stc believe that every member of society plays a critical role in building a sustainable and progressive future for the younger generation. By doing our part in supporting our community, protecting our environment, and accomplishing our goals, we are collectively working together to achieve our wider goal in making our planet a better place. It is up to us to take advantage of the opportunities that surround us today, which is the message we are trying to portray through our #today\_we\_can campaign."

On behalf of stc, Jasem took this opportunity to thank the Tarahom Volunteer Team and those that participated in the interviews. She also wished the people of Kuwait a Ramadan Mubarak filled with prosperity, forgiveness, and guidance.

Jasem added, "stc consistently participates in initiatives that support and empower the community. This comes as an ongoing commitment that stc upholds towards its customers and the people of Kuwait. Despite the circumstances we face today, we will continue to build on our CSR framework by focusing on causes that affect societies both worldwide and in our community."



Danah Al-Jasem

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# RAMADAN QUIZ 2021

*Kuwait Times annual Ramadan competition will publish every day throughout the holy month of Ramadan. All thirty coupons containing the correct answer must be sent to the newspaper to become eligible for the raffle draw. All coupons must be received on or before Monday 17 of May 2021. Winners will be announced in Kuwait Times.*

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**Kuwait Times Ramadan Quiz**

**5- Fasting is compulsory for all Muslims except?**

- A. A Muslim that has sports activities  
 B. A Muslim woman that is menstruating  
 C. A Muslim that does not pray  
 D. None of the above

**Kuwait Times Ramadan Quiz**

Date :  
Name :  
Civil ID :  
Tel :  
Email :

ISSUE NO: 18412 RAMADAN 6, 1442 AH

**Kuwait Times Ramadan Quiz**

**6- Which of the following is not included in the Five Pillars of Islam?**

- A. Prayer  
 B. Fasting  
 C. Pilgrimage  
 D. Penance

**Kuwait Times Ramadan Quiz**

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Civil ID :  
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