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Ministry opens Sabah Al-Ahmad City health center

KUWAIT: Director of Ahmadi Medical Area Dr Ahmad Al-Shatti confirmed yesterday aspiration to include Sabah Al-Ahmad Residential City within the global health cities' system for its primary health care centers, and to provide more community services to the city's residents. This came in Dr Shatti's speech during an event held on the opening of Sabah Al-Ahmad Primary Health Care Center in Sabah Al-Ahmad Residential City, under the patronage of Ahmadi Governor Sheikh Fawaz Khaled Al-Hamad Al-Sabah. Dr Shatti noted the important role played by primary care centers, whether in early treatment or through prevention and awareness, saying they have become a role model in this regard.

Meanwhile, official spokesman for the Ministry of Health Dr Abdullah Al-Sanad, in a similar speech, said there are 108 primary care centers in Kuwait: 28 in Ahmadi Governorate, 26 in the Capital, 21 in Farwaniya, 19 in Jahra and 14 in Hawally. Sabah Al-Ahmad City is no less important than the rest of Kuwait's areas, he said, as there is a clear interest in health care in it, pointing out that there are several primary and specialized health centers that provide services to thousands of patients every month.

Dr Aseel Al-Sabri, director of the center, said in the meantime that Sabah Al-Ahmad Residential City is located about 45 kilometers from Al-Adan Hospital, so the Minister of Health was keen to organize the health centers with a division and a single mechanism of action, different from the usual pattern of clinics, to be a role model in the new residential cities. — KUNA

Kuwait retains MILSET's vice presidency post

KUWAIT: The State of Kuwait has retained the vice presidency post of the International Movement for Leisure Activities in Science and Technology (MILSET) with the general assembly electing uncontested for the position Adnan Al-Mir, the head of the regional bureau in Asia. Daoud Al-Ahmad, MILSET's regional director, said yesterday that the organization held its universal virtual summit with broad participation by the member states including experts. Some of the highlights of the summit that grouped representatives of more than 100 countries was a seminar about the organization future. He added that three members of each regional office were assigned to partake in the final session to map out a strategy. Meshaan Al-Nayef of Kuwait was assigned for this task. The experts have agreed on 18 topics to be prioritized in the strategy for the coming five years — namely diversifying programs, activities and ensuring sustainability concerning youth in the continent. — KUNA

Gulf Bank announces in-person return of 642 Marathon

KUWAIT: Gulf Bank has announced the much anticipated, in-person return of its biggest event of the year, the Gulf Bank 642 Marathon. The long-awaited sporting event is scheduled to take place on November 20, 2021 and is back this year in both virtual and in-person versions, inviting challenge-seeking athletes as well as beginners to participate in Kuwait's only internationally accredited race.

The Gulf Bank 642 Marathon is the biggest local marathon hosted in the heart of Kuwait, with a unique racecourse that takes participants through an unforgettable route through Kuwait's most beloved landmarks. In keeping with international precautionary measures, this year's in-person marathon will also include a wide variety of safety precautions.

The marathon event is the first Kuwaiti road race certified by the Association of International Marathons and Distance Races and World Athletics. Notably, the Gulf Bank 642 Marathon is the only marathon in Kuwait that has the bronze AbbottWMM accreditation from the AbbottWMM Wanda Age Group World Rankings, a global age group marathon ranking system.

Ahmad Al-Amir, the Assistant General Manager of Corporate Communications at Gulf Bank, commented: "We are more excited than ever to be planning the safe return of our beloved Gulf Bank 642 Marathon, and we can confidently say that the marathon is back, bigger and better than ever! We can't wait to welcome back our returning runners

Photo of the Day



KUWAIT: Riders compete during the UIM ABP-Aquabike World Championship at the Marina beach in Salmiya on Saturday.

— Photo by Yasser Al-Zayyat

Al-Hamra supports 'World Diabetes Open Day' in partnership with Dasman Diabetes Institute



KUWAIT: Officials pose for a group photo during a diabetes awareness event hosted at Al-Hamra Shopping Center.

KUWAIT: Joining the global fight against diabetes, Al-Hamra Real Estate Company recently hosted Dasman Diabetes Institute (DDI) at Al-Hamra Shopping Center to raise awareness on the growing health concerns posed by diabetes. Marking World Diabetes Day annually, the event themed 'Access to Diabetes Care' this year, was held in partnership with Kuwait Foundation for the Advancement of Sciences, Kuwait Finance House, and Kuwaiti Danish Dairy Company (KDD).

Established in 1991 by the International Diabetes Federation with support from WHO, World Diabetes Day is observed every year on November 14 to improve prevention, diagnosis, and management of the disease. Al-Hamra Real Estate Company supported an open day campaign from 10:00 am to 7:00 pm wherein over 200 visitors registered and underwent free clinical consultations, complimentary

medical testing and screening, and nutritional screening. Participants were advised on proactive measures to adopt, to eat healthily, manage their weight and stay active to avoid the dangers of the chronic health condition, moreover, the possible onset of other serious health problems such as heart disease, vision loss, and kidney disease. In keeping with the tradition of the blue circle, the global symbol for diabetes awareness, Al-Hamra's iconic Business Tower was lit in blue.

Bibi Al-Hamad, Senior Executive - Communication and Digital Marketing of Al-Hamra Real Estate Company said: "We believe that widespread knowledge and collective efforts against a common rising problem in our midst will curb or prevent diabetes. Additionally, diabetes patients are easily vulnerable to COVID-19 and its risks as witnessed during the outbreak of the pandemic. Al-

Hamra Real Estate Company encourages individual behavior change and we hope through these positive, community-wide campaigns, to address the ongoing crisis and inspire a sustained lifestyle change that will curb related health concerns as well. We thank Dasman Diabetes Institute (DDI), KFAS, KFH, and KDD for being part of this special day that seeks to safeguard the overall health of our communities."

"Holding such events and activities stems from DDI's mission statement, where health promotion and awareness are a priority for the Institute. Since its establishment in 2006, the Institute organizes and takes part in many events and campaigns to shed light on diabetes and its related conditions. This is in accordance with the Institute's belief that, 'Prevention is better than cure,' Dr Qais Al-Duwairi, Director-General of DDI said.



A man undergoes a medical check up during the event.



KUWAIT: Officials attend a press conference to announce the Gulf Bank 642 Marathon.

from all over the region and the world. Anyone who has participated in the Gulf Bank 642 Marathon knows that the marathon is more than a local sporting activity - it is a community event that everyone looks forward to, both individuals and families alike."

Commenting on this year's marathon, Ahmed Al-Majed, General Manager at the Suffix company for sports events management, said: "We are proud to have received the bronze accreditation from the Abbott World Marathon Majors this year, a recognition bestowed to only 128 races worldwide. We look forward to raising the bar for sporting events in the region, and invite everyone to save the date

for what's bound to be one of the most exciting days of the year!"

For the seventh year in a row, Gulf Bank is launching the Gulf Bank 642 Marathon in partnership with local sports management company, Suffix. The race consists of four categories open to runners of all abilities, including: the 5K Family Fun Walk/Run, the 10K Souq Run, the 21K Half Marathon, and 42K Full Marathon. The 5K is open to runners aged 11 and above, the 10K to runners aged 16 and above, and the 21K to runners aged 18 and above. The race takes runners through beautiful landmarks in Kuwait, starting at the entrance bridge of Souq Sharq, and heading in and out of Souq Al-Mubarakiya.

Last year, Gulf Bank wrapped up a special virtual edition of its Gulf Bank 642 Marathon, in which contestants had the opportunity to participate over the period of a month from all around the world. The "Special Edition" virtual race attracted the participation of over 1,037 contestants from 18 countries, and was held in recognition of the role that exercise plays in enhancing both our mental and physical wellbeing. By implementing a wide range of creative digital solutions, Gulf Bank was able to successfully organize a successful online version of the annual marathon known and beloved by the local and international community.

Gulf Bank offers a distinct model for sustainability programs, implementing both internal and community-led initiatives year-round. Gulf Bank is committed to maintaining a robust Environmental, Social, and Governance (ESG) social responsibility program, heading various educational initiatives throughout the year that have a sustainable impact on the lives of youth and society.

Gulf Bank's vision is to be the leading Kuwaiti Bank of the Future. The bank is constantly engaging and empowering its employees as part of an inclusive and diversified workplace in recognition of every employee's role in delivering customer excellence and serving the community at large. With its extensive network of branches and innovative digital services, Gulf Bank is able to give its customers the choice of how and where to conduct their banking transactions, all while ensuring a simple and seamless banking experience.

Gulf Bank is committed to maintaining a robust sustainability program at the community, economic, and environmental levels through sustainability initiatives that are strategically selected to benefit both the country and the bank. Moreover, the bank supports Kuwait Vision 2035 "New Kuwait" and works with various relevant parties to achieve this vision.