

Pre-Viking gold treasure found in Denmark

An amateur archeologist has found 22 gold objects with sixth century symbols that could yield new details about pre-Viking peoples in Denmark, the museum that will house the treasure said yesterday. Some of the objects have runic motifs and inscriptions which may refer to the rulers of the time, but also recall Norse mythology, Mads Ravn, director of research at the Vejle museums in western Denmark, told AFP. "It is the symbols on the items that makes them unique, more than the quantity found," according to Ravn, who said the treasure weighed

about one kilogram.

One piece even refers to the Roman emperor Constantine from the early 4th century, said Ravn. "The find consists of a lot of gold items, including a medallion the size of a saucer," Ravn added. According to initial examinations, the treasure could have been buried as an offering to the gods at a chaotic time when the climate in northern Europe dramatically turned colder after a volcanic eruption in Iceland in 536 sent ash clouds into the sky.

"They have many symbols, some of which have not been seen before, which

will enable us to enlarge our knowledge of the people of this period," he said. The treasure was found near Jelling in south-western Denmark, which historians say became a cradle for kings of the Viking-age which lasted between the 8th and 12th centuries. The treasure will be on display at the museum in Vejle from February 2022. The amateur archeologist using a metal detector found the treasure about six months ago but the news was only disclosed now.-AFP



Beyonce shares B-day collage as stars pay tribute to songstress

Beyonce has shared a collage of highlights from her life and career to mark her 40th birthday. The 'Crazy in Love' hitmaker has transformed her official website into her own tribute to mark four decades on the planet, starting in 1981 with baby pictures, right up to 2021, with her latest Ivy Park collection and her record-breaking Grammy wins included. The R&B megastar also posted visuals from her time in the group Girl's Tyme, as well as Destiny's Child and her 'Black Is King' visual album. The post was titled 'B AT 40 THANK YOU', and at the bottom of the mammoth artwork, the 'Love On Top' hitmaker wrote: "THANK U TO THE PHOTOGRAPHERS, EDITORS, TV HOSTS, TALK SHOW HOSTS, AWARDS PROGRAMS AND MY FAMILY FOR YOUR VISUAL CONTRIBUTION. (sic)"

Meanwhile, DJ Khaled, Lil Nas X and Doja Cat are among those who have paid tribute to Beyonce today. Apple Music put together a video to celebrate Queen B's birthday, featuring a host of huge music stars. 'Wild Thoughts' hitmaker Khaled opens the clip with the message: "I wanna do a big shout out to Beyonce. Happy birthday. God bless you and your beautiful family." Rapper Doja gushed: "I love you, I don't know I'm shouting right now." Ciara said: "It's Ciara here, and I am wishing you the happiest birthday." Lil Nas X added:

"Happy birthday. Thank you for sharing your gift with the world." In another video curated by Harper's Bazaar, Oprah Winfrey and Taylor Swift were among the famous faces to say a few words about the music icon. The talk show legend began: "Hello, Miss B." Before later adding: "Let me tell you, the forties are everything you've been waiting for." Pop megastar Taylor said: "Happy birthday Beyonce, it's Taylor ... the fact that you have paved the road that every female artist is walking down now, and the fact that you have done so with such kindness and grace, to say I admire you, there is just not a word for it." Meanwhile, Beyonce's music mogul husband, Jay-Z, recently hailed his wife as "super detail-oriented" and "inspiring". The power couple have collaborated musically, toured together, and, most recently, joined forces for Tiffany & Co.'s About Love campaign. And the 51-year-old hip-hop superstar revealed why it's so easy to work with his "super talented" spouse in a rare interview last week. The '99 Problems' hitmaker - who has Blue Ivy, nine, and four-year-old twins Rumi and Sir with the 'Dreamgirls' star - gushed: "She's super detail-oriented, obviously, as you can see from her work. "She's an incredibly hard worker, super talented, very inspiring."



Camila Cabello: Lockdown changed my life

Camila Cabello thinks the COVID-19 lockdown changed her life. The 24-year-old singer managed to turn her life around amid the lockdown, after years of non-stop work left her feeling "burnt out and broken". Camila - who shot to fame as a teenager as part of Fifth Harmony - explained: "Before lockdown I was burnt out. I was living with a really high amount of anxiety. "It was too much and it was not

sustainable. I felt like I was running with a broken leg but I wasn't really listening to how I felt. "I kept telling myself everything was good, 'I should feel fine, I should feel OK'. "What I needed to do was say, 'How do I actually feel?' and letting that be OK. I needed to give myself permission to ask for help - because I needed help. I needed therapy. "The pandemic gave me that pause to say, 'Let's not carry on running on this broken leg, let's fix it.' "In the past there were plenty of times when I've been working - not home or having any time for relationships, not having time to be healthy and happy - just working non-stop and not feeling good but doing it anyway. "That's something I would never do now." The 'Havana' hitmaker is now more determined than ever to strike a healthy "balance" in her life. Camila - who is dating fel-



Jennifer Hudson: Aretha Franklin was an inspiration to me

Jennifer Hudson has hailed Aretha Franklin as an "inspiration". The 39-year-old singer considered the 'A Natural Woman' singer a close friend before her death in 2018, and was even named by Aretha as the person she wanted to play her in the biopic of her life - a role she fulfilled in the new movie, 'Respect'. And now, Jennifer has said Aretha was a "motherly" figure to her, and was always interested in hearing about her life, especially wherever her 12-year-old son David Jr. - whom she has with David Otunga - was concerned. She said: "Aretha ... she had a regal presence. And when we first had our meeting, she said, 'Are you shy or something?' And I said, 'Well, I am sitting with the Queen of Soul! What do you expect?' "But she was just very still. Full of presence. I noticed she didn't speak much. She said what she said, and that was that. But eventually it became more, well, motherly. And even in her last days I would talk to her weekly. She ended up teaching me more about life, while teaching me about her life. "She was always asking about my son. Or, 'What's going on with this?' Well, this is how it is for people like us.' So she was schooling me and I was always listening. She was really speaking from experience." Jennifer also explained the music legend was an inspiration to her because of the things she had "overcome" in her life. She told The Sunday Times newspaper's Culture magazine: "Anyone would assume that Aretha Franklin had it made. But, no, everyone has a life. Everyone has a story. Everyone goes through something. And

when you see someone like that overcome what she has overcome, it inspires you. It definitely did me." Meanwhile, Jennifer previously revealed she spoke to Aretha just one week before her death, and said the legendary singer had "sang to [her]" during their call. She said: "She told me what she had eaten. I don't remember what that meal was, and then she sang to me on that call. I can't remember the song. It was by the Isley Brothers and she said, 'Jennifer, now that's the Isley Brothers,' and I said, 'Yes, ma'am, I know.' "And then, my son is a cook, too, so I ended up telling her about him cooking and sending her a video. Because she was so present. She always knew what was going on, even in my life."

Penelope Cruz tackles stress with meditation

Penelope Cruz uses transcendental meditation to ease any stress in her life. The Oscar-winning actress - who has two children, 10-year-old son Leo and eight-year-old daughter Luna, with her actor husband Javier Bardem - first experimented with meditation when she was a teenager but she started taking the practice seriously to decompress from her film sets and to ease any worries she may have. She said: "I practiced meditation as a teenager, I stopped for a while, then I took the transcendental meditation courses and I chose to dedicate myself to it." Penelope is always busy with her career and her family and wants to devote herself as much as she can to her children, although her own mother Encarna keeps telling her to take more time for herself, despite never taking that advice herself when she was raising the 'Nine' star and her siblings. Speaking to Italian publication IO Donna, she said: "I have a trait that I inherited from my mother, who was equally



demanding with herself: she was very busy and yet - very generous - she managed to give everything to her three children. Now she says to me: you have to relax, you have to rest, you have to find time for yourself..." Penelope - who won the Best Supporting Actress Academy Award in 2008 for her performance in Woody Allen's 'Vicky Cristina Barcelona' - will have spent 30 years working as an actress and she has to pinch herself each day that her childhood dream came true. She said: "Acting was my dream since I was - maybe - two years old. A dream that does not bore: with each role you start from scratch. "So I think: thank you!"

Spears's boyfriend Asghari spotted ring shopping

Britney Spears' boyfriend Sam Asghari has been spotted ring shopping at Cartier. The 27-year-old fitness instructor was seen perusing the selection of diamonds on offer at the luxury jewelry chain's store in Beverly Hills, just hours after it was claimed he and the 39-year-old pop megastar are ready to get engaged. The dark-haired hunk was seen leaning over the counter inspecting the dazzling rocks as he received help from an employee. The couple have been dating since 2016, after meeting on the set of Britney's 'Slumber Party' music video, and the loved-up duo are said to be ready to "embrace the next chapter" of their relationship. A source told 'Entertainment Tonight': "Britney and Sam are an end game couple. But for them, it's all about

timing. "All of their dreams for their relationship have been on pause due to the conservatorship. They haven't been able to progress like a normal, adult couple. It's like dating in high school. That's been their experience for the last two years or so." Jamie Spears, Britney's dad, is planning to step down from his daughter's conservatorship, which he has at least partially controlled since it was established in 2008. And the 'Toxic' hitmaker now feels ready to move on with the rest of her life, as she looks to the future with Sam. The insider shared: "Things are finally looking up and it's starting to become very real for them that soon they'll be able to take back the reins and have full control as a couple. "They are ready to embrace that next chapter, and love each other without limits or without feeling like they are on a leash. Naturally, an engagement is the next step." In fact, the source explained that it's a case of when rather if the couple will get engaged. The source said: "They're finally getting closer to the 'when' thanks to Britney's conservatorship suit yielding in her favor. It's all very real for Sam especially, and engagement is on his mind now more than ever. He and Britney want that badly. "They want the whole family thing too. It's just a matter of timing."



Tori Spelling's dog has died

The 48-year-old actress - who has four children with husband Dean McDermott - has been left heart-broken by the passing of her canine companion Arthur Bear Reynolds, who she described as one of the "greatest loves" of her life in a touching tribute which also saw her praise the benefits of rescuing elderly pooches. Alongside a video montage of pictures of Arthur, soundtracked by Brandi Carlile's The Story: "It breaks my heart [broken heart emoji] that we had to say goodbye to Arthur Bear Reynolds..." "We rescued Arthur during The Woolsey fires. So thankful to @muchloveanimalrescue for giving me the privilege to be Arthur's forever mom. " Sadly senior rescues are not as desirable as puppies. But, if you have the opportunity to be a forever home to a senior pet do it! It's life changing. "Arthur was close to 20 when he passed. We didn't get a long time with him but I've cherished the years we had together. I was his human. He was one of the greatest loves of my life. I told him all the time I wish we had met each other when he was a pup. He was so loving. He loved having the kids all over him. He was such a warrior! He never gave up. Such strength and will." Tori will miss her dog "forever" and admitted her

home feels empty without him. She continued: "I will miss him forever. My room seems so empty now without him. The music I put to these pics popped into my head as I held his paw for the last time. "Haven't listened to this song in years but after I did it made complete sense. Arthur and I were made for each other. "Dogs give us unconditional love. Unlike humans. Yet, it's our pets we have the shortest journey with??. I hope you are running thru beautiful fields now Arthur. I [heart emoji] U. xoxo(sic)" The '90s star's husband Dean announced the news on his Instagram. He shared a photo of him holding the pooch's paw with an emotional note. Tori's husband, Dean, also paid tribute to his furry friend on his own Instagram account. He wrote: "This beautiful guy Arthur Bear McDermott got his angel wings today. This man survived being abandoned during the Wolsey fires, and found us. "He was such a sweet man and loved our family. God bless you Arthur, have fun with all the ones that we've lost along the way, and now you have found heaven. See you down the road. #mansbestfriend #arthur (sic)".