

Local

Kuwait Times
Established 1961
The First Daily in The Arabian Gulf

THE LEADING INDEPENDENT
DAILY IN THE ARABIAN GULF
ESTABLISHED 1961

Founder and Publisher
YOUSUF S. AL-ALYAN

Editor-in-Chief
ABD AL-RAHMAN AL-ALYAN

EDITORIAL : 24833199-24833358-24833432
ADVERTISING : 24835616/7
FAX : 24835620/1
CIRCULATION : 24833199 Extn. 353/3561
ACCOUNTS : 24833199 Extn. 125
COMMERCIAL : 24835618

P.O.Box 1301 Safat, 13014 Kuwait.
Email: info@kuwaittimes.com
Website: www.kuwaittimes.com

Kuwait FM receives phone call from Nepali counterpart



Sheikh Ahmad Nasser Al-Mohammad Al-Sabah

KUWAIT: Kuwait's Foreign Minister Sheikh Dr. Ahmad Nasser Al-Mohammad Al-Sabah received on Thursday a phone call from his Nepali counterpart, Narayan Khadka. They discussed the deep-rooted relations tying their two countries and ways of bolstering such relations across various sectors. The ministers

also discussed latest developments on regional and international fronts. — KUNA

Kuwait welcomes Yemen truce extension deal

KUWAIT: Kuwait on Wednesday welcomed an agreement between Yemen's warring parties to extend a truce brokered by the United Nations (UN) for another two months. The efforts of UN special envoy for Yemen Hans Grundberg were instrumental in keeping the truce intact, said a foreign ministry statement, hoping the step would lead to a definitive political solution to the conflict.

Meanwhile, the Muslim World League (MWL) welcomed on Wednesday the agreement between Yemen's warring parties to extend the truce. In a press release, WML Secretary General and Chairman of the Association of Muslim Scholars Sheikh Dr. Mohammad bin Abdulkarim Al-Issa commended efforts exerted by Saudi Arabia to achieve such critical outcome for the benefit of the Yemeni people. Dr. Issa highlighted the big role played by the kingdom to strengthen security and stability in the region and the world, in particular through the Initiative of March 2021 to reach a comprehensive solution. MWL chief also hailed efforts exerted by UN Special Envoy to Yemen Hans Grundberg in boosting commitment to the truce.

On Wednesday, Grundberg announced that the parties to the Yemeni conflict had agreed to extend the UN-mediated truce, under the same terms, for an additional two months, from 2 August 2022 until 2 October 2022. "This truce extension includes a commitment from the parties to intensify negotiations to reach an expanded truce agreement as soon as possible," Grundberg stated. — KUNA

KFH launches summer program with 'Sadu House'

KUWAIT: In collaboration with Sadu House, Kuwait Finance House (KFH) launched the summer program "Fun with Weaving" for the children of "Baiti" account customers. KFH organizes this program as part of its strategic partnership with Sadu House, targeting children of "Baiti" account customers from the ages of 7 to 14 years old. It is the second summer program to be held this year, as the first program, "Fun with Weaving I", started last May and was concluded last week with an exhibition displaying all the handicrafts done by the participants during the course.



Maryam Abaalkhail

Senior Public Relations and Event Management Coordinator at KFH- Maryam Abaalkhail said that the "Fun with Weaving" program extended over a week and included knitting and handicrafts workshops as well as teaching new skills in weaving by supervisors and specialists at Sadu House.

Abaalkhail added "As part of the efforts in supporting sustainability and preserving the environment, and continuing KFH's sustainability strategy, all materials used in the workshops are made of recycled materials to convey an important message to the participating children on the importance of recycling and protecting the environment." KFH offers a "Baiti" account for children from birth until the age of 14. The account contributes to instilling the concept of saving among children, as it is an investment account that provides many privileges and helps children develop the concept of saving as a banking behavior that contributes to building their future.

Photo of the Day



KUWAIT: An aerial view of the Shaheed Park in Kuwait City. —Photo by Yasser Al-Zayyat

Keep your cool in hot weather

KUWAIT: High temperatures kill hundreds of people every year. Heat-related deaths and illness are preventable. Take measures to stay cool, stay hydrated, and stay informed. Getting too hot can make you sick. You can become ill from the heat if your body can't compensate for it and properly cool you off. The main things affecting your body's ability to cool itself during extremely hot weather are:

High humidity

When the humidity is high, sweat won't evaporate as quickly. This keeps your body from releasing heat as fast as it may need to.

Personal factors

Age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug use all can play a role in whether a person can cool off enough in very hot weather. People aged 65 and older are at high risk for heat-related illnesses. Those who are at highest risk include people 65 and older, children younger than two, and people with chronic diseases or mental illness. Closely monitor people who depend on you for their care and ask these questions: Are they drinking enough water? Do they have access to air conditioning? Do they need help keeping cool?

People at greatest risk for heat-related illness can take the following protective actions to prevent illness or death: (1) Stay in air-conditioned buildings as much as you can. Air-conditioning is the number one way to protect yourself against heat-related illness and death. If your home is not air-conditioned, reduce your risk for heat-related illness by spending time in public facilities that are air-conditioned and using air conditioning in vehicles. Contact your



KUWAIT: Pigeons drink water in Kuwait City during the hot weather. High temperatures kill hundreds of people every year. Heat-related deaths and illness are preventable. Take measures to stay cool, stay hydrated, and stay informed. — Photo by Yasser Al-Zayyat

local health department or locate an air-conditioned shelter in your area.

(2) Do not rely on a fan as your main cooling device during an extreme heat event. (3) Drink more water than usual and don't wait until you're thirsty to drink. (4) Limit use of the stove and oven—it will make you and your house hotter. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. (5) Limit your outdoor activity, especially midday when the sun is hottest. (6) Drink more water than usual and don't wait until you're thirsty to drink more. Muscle cramping may be an

early sign of heat-related illness. (7) Never leave children or pets in cars. (8) Check the local news for health and safety updates.

If you play a sport that practices during hot weather, protect yourself and look out for your teammates: (9) Schedule workouts and practices earlier or later in the day when the temperature is cooler. (9) Monitor a teammate's condition and have someone do the same for you. (10) Seek medical care right away if you or a teammate has symptoms of heat-related illness. Everyone should take these steps to prevent heat-related illnesses, injuries, and death during hot weather. — Agencies



AMMAN: The Arabian Gulf Theater Troupe celebrating its win in Jordan.

Zain sponsors Arabian Gulf Theater Troupe

AMMAN: Zain, the leading digital service provider in Kuwait, announced its sponsorship of the Arabian Gulf Theater Troupe, which recently represented Kuwait at the closing ceremony of the International Free Theater Festival held in Amman, Jordan. During the event, the troupe received a number of prestigious awards, including the festival's best show.

Zain's support to the Arabian Gulf Theater Troupe - established by a number of Kuwaiti theater pioneers in 1963 - comes as part of the company's belief in the vital role played by the private sector in shouldering the various local

efforts in culture, art, and theater, which ultimately contribute to the nation's cultural progress and add to the community's social fabric.

The Arabian Gulf Theater Troupe recently took part in the 17th edition of the International Free Theater Festival held at the Royal Cultural Center in Amman, Jordan. During the event, the troupe received a number of accolades after an impressive performance. The troupe's play "Anarchia" won the festival's best show award, while actress Fatima Al-Osaimi won best actress, and actor Faisal Al-Saffar won the judging award.

Zain is keen on supporting initiatives and programs that add to the local art and touristic scenes and will spare no efforts in shouldering any group with a creative vision that serves the local community and contributes to enriching national economy. The company is especially keen on being a part of initiatives that enrich the Kuwaiti culture, heritage, and rich history of theatrical achievements.

National Guard celebrates technical services' graduates

KUWAIT: The Technical Service Department at Kuwait National Guard celebrated the graduation of three batches, in the attendance of National Guard Undersecretary Engineer General Hashem Abdurrazaq Al-Refaei who conveyed the congratulations of IIIH Sheikh Salem Al-Ali Al-Sabah, the Head of the National Guard. The graduates were prepared to become technical personnel within the fields of mechanical military, military production and mechanical process of military substances. The National Guard undersecretary honored the graduates, encouraging them to utilize their abilities in the courses they learned within their units.

He also expressed his happiness in the commencement of these unprecedented rounds in the National Guard in collaboration with the Australian College of Kuwait which prepares its enrolled students through theoretical and technical studies, to excel in the use of their equipment and develop their abilities. "The National Guard leadership provides all the possible upgrades and improvements of its units to excel in their technical units, and push the support of state departments in order to achieve the goals set for 2025," the undersecretary General added. The ceremony was also attended by Major General Faleh Shujaa Faleh, Brigadier Engineer Esam Naif Esam, and Jassem Muhammad Al-Refaei, member of ACK's board, among other officials.



Hashem Al-Refaei