

Queen Elizabeth's diary is filling up'



The 95-year-old monarch hasn't attended a public engagement since October after being hospitalized for an undisclosed condition and then suffering a back sprain, with doctors advising her to rest, but after several months of light duties involving private meetings and virtual audiences, royal aides have now scheduled a series of public outings, beginning in March. However, "lessons have been learned" since the queen undertook 19 engagements in as many days last October and her schedule will be more lower paced than before. A source told The Sun newspaper: "There are no plans for her to withdraw from public life. "The Queen's diary is filling up again but it will be paced to what is appropriate. "They don't want to put extra strain on her and other royals will help her out where necessary." The queen - who turns 96 in April - held a reception at Sandringham this weekend, her first official engagement since meeting the Sultan of Oman at

Windsor Castle on December 15. The monarch marked 70 years on the throne on Sunday and to mark the occasion, she sent out a message in which she stressed her devotion to her country. She said: "It is a day that, even after 70 years, I still remember as much for the death of my father, King George VI, as for the start of my reign. "It gives me great pleasure to renew to you the pledge I gave in 1947 that my life will always be devoted to your service." The address also saw the queen express her "wish" that Prince Charles' wife, Camilla, Duchess of Cornwall, be titled Queen Consort when he takes the throne. She said: "And when, in the fullness of time, my son Charles becomes King, I know you will give him and his wife Camilla the same support that you have given me; and it is my sincere wish that, when that time comes, Camilla will be known as Queen Consort as she continues her own loyal service."

Eilish stops concert to help fan who had trouble breathing

Billie Eilish stopped her concert when she spotted a fan having trouble breathing. The 'bad guy' hitmaker was performing at the State Farm Arena in Atlanta, Georgia, on Saturday when she spotted an audience member struggling in front of the stage, so she cut off her song to find out what was going on before asking her crew for help. She said: "You need an inhaler? Do we have an inhaler? Can we just grab one?" When the crew confirmed they could help, she said: "It's OK, we got one. Give her some time. Don't crowd." Billie then further checked in on her fan and asked: "You need to come out or are you OK? Are you sure?" She then mouthed, "I love you." After the show resumed, the 20-year-old singer took an apparent swipe at Travis Scott, who continued performing at his Astroworld festival in November when people were being crushed in a crowd surge. She said: "I wait for people to be OK until I keep going." Travis was dropped from headlining the upcoming Coachella Valley Music and Arts Festival following the tragedy and it was



recently revealed the 'ocean eyes' singer is one of the stars who will now be topping the bill, alongside Kanye West and Harry Styles. In December, Billie revealed she was still experiencing problems after contracting COVID-19 earlier in the year. She said: "I didn't die, and I wasn't gonna die, but that does not take away from how miserable it was. "It was terrible. I still have side effects. I was sick for, like, two months almost." She credited the vaccine with her being "fine" now, and admitted she felt "horrible" when she was battling coronavirus.

Amy Schumer constantly feels 'guilty' as a parent

The 40-year-old actress admitted it is "heaven on earth" being a mother to her two-year-old son Gene - who she has with husband Chris Fischer - but she is also left constantly feeling bad and she will never get used to the mixture of emotions. Sharing a photo of herself with her son, whose face was covered by a heart emoji, she wrote on Instagram: "Being his mom is heaven on earth and also means a constant feeling of guilt and vulnerability I will never get used to. "Your heart feels like it's outside your body and you're too old to drink the feelings away like you used to. When you were in love and scared. Send help!!!" Last month, the 'I Feel Pretty' star reflected on how she "finally" feels good after undergoing numerous surgical procedures over the last year. Amy had both her appendix and uterus removed due to endometriosis - a condition where tissue grows outside of the uterus - as well as undergoing liposuction treatment and she's now feeling stronger than ever. Sharing two photos of herself on a beach in a black swimsuit, Amy tagged gynecologist Dr Tamer Seckin, cosmetic surgeon Dr. Jordan Terner, and acupuncturist Vickie Lee in her Instagram post and wrote: "I feel good. Finally. It's been a journey thanks for helping me get my strength back @seckinmd (endo) @jordanternermd (lipo) never thought I would do anything but talk to me after your uterus doesn't contract for 2.5 years and you turn 40. "@paulvincent22 vickie Lee (acupuncture) my girl Nicole from the tox my friends and fam. Let's go!(sic) Amy also revealed on her Instagram Story that she's down to 170lbs since having surgery.



Murs was 'worried' about bringing girlfriend into the spotlight

Olly Murs was "very worried" about bringing his girlfriend into the public eye. The 37-year-old pop star started dating Amelia Tank - who is a part-time model and also works in a bank - in 2019 and he was nervous about making their relationship public because the 29-year-old beauty "hates" the idea of fame and she's content with her own life and career. He said: "I was very worried. But she doesn't want to be famous. She hates that side of it. She's a bikini model but that's not her full-time job. She works for a bank [as a communications manager] and has got her own career and her own life. She is not someone that wants to live off my name.

She's just really content being with me. We're happy. We're in love." The 'Troublemaker' singer then went on to explain the coronavirus lockdown was a "good thing" for the couple because they "loved being around each other" and spending so long with just each other for company has only strengthened their relationship. He told Fabulous magazine: "Lockdown was good for us. We were only together for a short time and then she moved in. We know quite a few couples that aren't together after lockdown, whereas we still love being around each other." But Olly acknowledged having a big house in his native Essex helped the couple as it was easy to give each other space when they needed it. He added: "It was lucky I have a house with space, as there were days that were a bit 'urgh' and we could get away from each other. I definitely sensed days when I walked into the lounge and I wasn't her favorite person. You have your ups and downs, but you also have love. We very rarely argue."



Jenner and Scott welcome their second child

Kylie Jenner has welcomed a baby boy with Travis Scott. The 24-year-old businesswoman - who already has four-year old daughter Stormi with the rapper - announced on Instagram on Sunday that she had given birth on 02.02.2022, one day after Stormi's birthday, confirmed by E! News to be a son. Alongside a black-and-white photo of the infant's hand, she wrote: "[blue heart emoji] 2/2/22." Travis was quick to comment on the post, sharing six brown heart emojis and a blue heart before members of her famous family sent their congratulatory messages. Kylie's older half-sister Kim Kardashian, 41, wrote: "Congratulations Travis, Kylie and Stormi" while their mother Kris Jenner, 66, simply wrote "Angel Pie." Kourtney Kardashian - who has Mason, 12, Penelope, nine, and Reign, seven, with ex Scott Disick - hinted that she could relate to her younger sister

as she wrote: "Mommy of two life" alongside a heart emoji and two prayer emojis. No name has been announced yet, but a source claimed when the billionaire businesswoman and reality star first announced her pregnancy that she wanted to give Stormi a sibling "for a while". The source told PEOPLE: "She has been wanting to give Stormi a sibling for a while. She loves being a mom. She is thrilled that she and Travis are pregnant again. She has been enjoying her pregnancy in private. She has only spent time with close friends and family." The Kylie Cosmetics founder - who kept her first pregnancy a secret from the media until after she had given birth - announced the news of her second pregnancy with a video in which saw her showing Travis Scott a positive pregnancy test and revealing the news to her mother Kris.



West and Fox 'still going strong' amid split speculation

Kanye West and Julia Fox are still together, amid speculation they split. The 'Uncut Gems' star recently took to her Instagram Stories to explain why she unfollowed fan accounts and deleted some photos with the 44-year-old rap legend on the social media app. On Sunday, she said in a clip from her bathroom: "Guys relax, I unfollowed the fan accounts because I was tired of seeing myself. "Suddenly Instagram was not a fun place anymore. "I took the photos down because I read the comments and everyone was like, 'Oh my god, you clearly only posted photos you looked good in.'" An insider has since told Page Six that the 32-year-old actress and Yeezy founder - who legally changed his name to Ye - are still going strong. They insisted: "She deleted the photos because commenters were being really mean and she didn't want to deal." The breakup rumors came as the 'Jesus Walks' rapper became locked in a vicious war of words with his estranged wife, Kim Kardashian, who filed for divorce from Kanye in 2021. The 'Stronger' hitmaker has been critical of his ex's decision to allow their daughter North, eight, to be on TikTok and has accused her security team of not letting him in their former marital home when he's with their children, but the Skims founder - who also has Saint, six, Chicago, four, and Psalm, two, with Kanye

- hit back and described herself as the "main provider and caregiver" for the kids. Kim responded on Instagram: "Kanye's constant attacks on me in interviews and on social media is actually more hurtful than any TikTok North might create." The former 'Keeping Up with the Kardashians' star continued: "I am doing my best to protect our daughter while also allowing her to express her creativity in the medium that she wishes with adult supervision - because it brings her happiness." Kim - who is dating comedian Pete Davidson - also accused Kanye of "trying to control and manipulate" the situation. She wrote: "Divorce is difficult enough on our children and Kanye's obsession with trying to control and manipulate our situation so negatively and publicly is only causing further pain for all. From the beginning I have wanted nothing but a healthy and supportive co-parenting relationship because it is what is best for our children and saddens me that Kanye continues to make it impossible every step of the way." The reality star insisted she wants to resolve their issues "privately". The TV star - who married Kanye in 2014 - explained: "Hopefully he can finally respond to the third attorney he has had in the last year to resolve any issues amicably."

Sofia Vergara urges followers to get checked for cancer

Sofia Vergara's surgery scar reminds her "how blessed" she is to have survived cancer. The 49-year-old actress was diagnosed with thyroid cancer at the age of 28, and on World Cancer Day, Sofia reflected on how "lucky and grateful" she is to share her story and urged everyone to get checked for signs of the disease. Alongside a photo from her first acting lesson with her scar on display, she shared on Instagram: "At 28, 'Cancer' was not a word I expected to hear. It was just a routine checkup. But the doctors found a lump in my throat, and that word became part of my story. I spent countless hours in radiation treatments, and, eventually, in surgery. Today, I get to call myself a

cancer survivor. "This was my first acting class after diagnosis and treatment, and seeing the scar on my throat reminds me of how blessed I felt that day—and every day since. I'm lucky and grateful to be in a position to share my story and say: early prevention is so important!! Schedule your annual check up for this year if you haven't already." The 'Modern Family' star recently shared how she responded to the shock diagnosis by educating herself about the condition. She shared: "At 28 years old during a routine doctor's visit, my doctor

felt a lump in my neck. "They did a lot of tests and told finally me I had thyroid cancer. When you're young and you hear that word 'Cancer,' your mind goes to so many places but I tried not to panic and I decided to get educated. "I read every book and found out everything I could about it. I was fortunate to have caught it early and to have the support of my doctors and most importantly, my family. "I learned a lot during that time, not just about thyroid cancer but I also learned that in times of crisis, we're better together." Sofia previously admitted she was "lucky" to have survived her cancer scare. The Hollywood star - who has a 30-year-old son called Manolo with her ex-husband Joe Gonzalez - was relieved the problem was discovered before the cancer had been allowed to spread. She said: "I was lucky that's all I needed. That kind of cancer is very quiet, and usually you only realise you have it after it's already spread and it's much harder to treat." And even though she's now cancer-free, Sofia remains conscious of the threat. She explained: "I get my blood levels checked every three to six months to make sure my thyroid levels are good. And of course after cancer, every time I cough or feel something I'm a little paranoid."

